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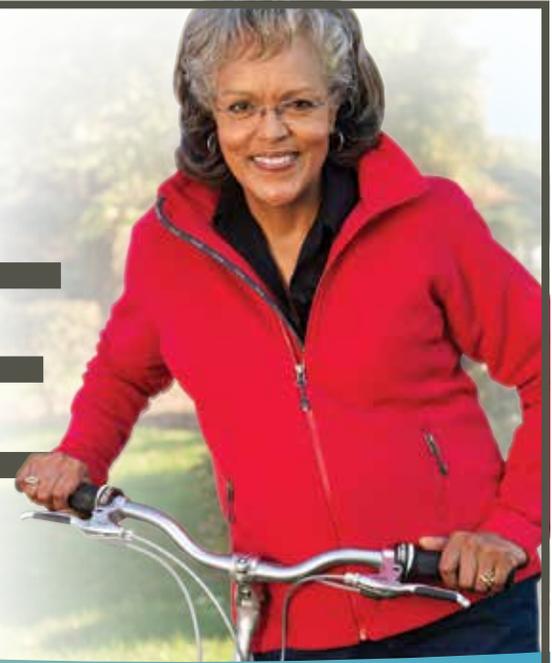
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Diane Morelli
Ken Schop
Dennis Zelazny

Account Representatives

Kris Beaver
Dorothy Hawring
Diane McIntyre
Shelley Owens
Marilyn Waldmeir

Contributing Writers

Anna Bartolotta
Jonathan Boos
Lina Bowman
Ted Everingham
Virginia Ficarra
Jon Gandelot
Dr. Pam Graves
Dr. Saima Khan
Brian Marshall
Beth Newhart
Jane Nordberg
Sarah Stahl
Ethan Steiner
Pete Waldmeir
Ken Welch
Matt Wentworth

Contributing Photographers

Christine M.J. Hathaway
John F. Martin
Donald Schulte
The Portrait Place

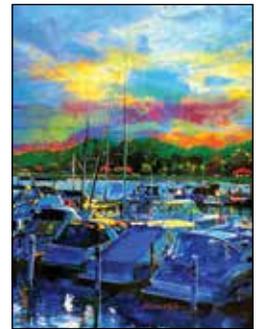
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On the cover

This issue's cover art of the of the Grosse Pointe Yacht Club was painted by renowned Grosse Pointe Shores artist Dominic Pangborn. Reprints of Dominic's are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, July 25, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win four tickets to the Michigan Renaissance Festival! Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue's answer: The Wool & The Floss.)

To find us on Facebook, search "Grosse Pointe Magazine"

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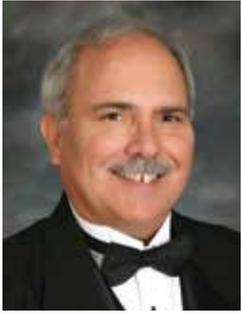


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John Minnis
Editor and Publisher

POINTE

MAGAZINE

Dog Days of Summer

Welcome to our annual “Dog Days of Summer” issue of *Pointe Magazine*. Every July-August, we take this opportunity to promote our pets. Where else but in Grosse Pointe will you find so many people devoted to their pets? As I look out our family room windows facing Morningside Drive and Fairford Road, I can see dog walkers passing from dawn to dusk ... and beyond!

In this issue, you find stories about Grosse Pointe Animal Adoption Society founder Corinne Martin and about all the great things she has done for pets, including helping create the eastside’s first “blood bank” for pets at Harper Woods Veterinary Hospital and Clinic. What a great idea! You will also read about Grosse Pointe’s own “pet masseuse,” Allison Mourad, a former FBI agent, no less! We are also featuring our second “Pointe Pet Personality” — hey, pets are people too ... in Grosse Pointe at least!

Canines can serve as more than spoiled members of the family. You will also read about Guardian Angels Medical Service Dogs, a nonprofit agency that provides companion dogs to veterans suffering from post traumatic stress disorder. The vital service is being sponsored by the Grosse Pointe Board of REALTORS and the Grosse Pointe War Memorial ... another great idea.

Dogs can also serve as police officers. It has been 2 1/2 years since Raleigh, Grosse Pointe’s first K9 police dog passed away. Raleigh has yet to be replaced in the City. Today, the Grosse Pointes have only two police dogs: Xander in the Woods and Duke in the Farms.

Maintaining a K9 unit costs money. First, the animal needs to be purchased and trained. Also, K9 officers need to be hired or taken off patrol duty, and they need to be trained as well. Further, a specially equipped K9 scout car needs to be purchased and maintained. The costs can add up.

Fortunately, Grosse Pointe has many generous benefactors, including Gretchen Valade, who is funding Duke in the Farms, and John Stevens, who with his K9 Safety Partners of the Grosse Pointes organization is

helping support Xander in the Woods. Indeed, K9 Safety Partners would like to support a K9 unit in all the Pointes’ public safety departments, as well as in Harper Woods. (I am told a police officer in Harper Woods would like to get a dog, but direction has to come from the city council.)

Would six K9 units in the peaceful communities of the Pointes and Harper Woods be overkill? I don’t think so. Remember that incident at the Woods fireworks a couple of summers ago? It ended a half-century tradition in the Woods. I don’t know that six police dogs would have made a difference, but a couple of dogs at the entrances and a couple patrolling the grounds would surely have been a deterrent. The same goes for any large gathering outdoors. The presence of K9 units may influence troublemakers to stay away.

My friend Gary Wilson, an attorney, is somewhat skeptical of police dogs. True, they can be abused and lead to unwarranted searches and seizures, but certainly the K9 officers are trained to prevent invasions of privacy. Besides, we love our dogs, including police dogs. Everywhere Raleigh went, he was adored, especially by children. What better way to teach children that police are our friends and are not to be feared?

Those are just my thoughts. For more information on K9 Safety Partners of the Grosse Pointes, visit their website, www.k9safetypartners.org. You can also “Like” them on Facebook.

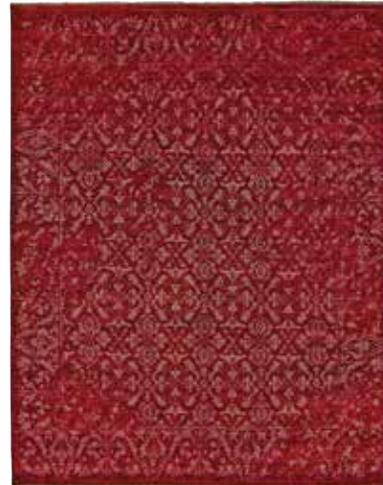
Enough of this serious talk! This issue of *Pointe Magazine* is also all about boating! Check out our “Boat Names” center spread, as well as our features on the Kimmel family at Mackinac and the Grosse Pointe Sail Club, to mention a few.

Enjoy your summer in the Pointes and, as always, be sure to patronize our many loyal advertisers and businesses, without whom our quality of live in the Pointes would not be possible! See you around the Pointe! 

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Meet Edith

Name: **Edith Elizabeth Ahee** Birthdate: **Feb. 9, 2016** Time of birth: **4:45 p.m.**
 Parents: **David & Nancy Ahee** Siblings: **Henry, 2** City: **Grosse Pointe Farms**

Favorite activity: **Cheek kisses from Dad**

First words: **Enthusiastically makes all kinds of sounds when someone talks to her**

Cute habit: **Started smiling when talked to at two weeks old**

About Edith *in Mommy and Daddy's words*

Edy is truly a blessing and a gift from God! She is named after her paternal great grandmother, Edith, and paternal grandmother, Elizabeth. Edy is the epitome of "laid back." She is easy going, loves to interact with people, and smiles at everyone she meets. She especially enjoys watching her big brother, Henry, run and play. Edy has long legs and loves to kick; we think she will one day be a ballerina or swimmer. Edy adds so much joy to our lives and to the lives of our family!

Meet Henry

Name: **Henry Doyle** Age: **9** School: **Richard**
 Parents: **Pete & Cindy Doyle** Siblings: **Colin, 11, and twin sister, Truly**
 Interests: **Soccer, basketball, playing with friends and my dog, Bear**

Favorites

School Subject	Food	
Lunch	Pickle Chicken	
Outdoor Activity	Vacation	Book
Tag	Arizona	Goosebumps by R.L. Stine
Game	What is your favorite thing about going to school?	
Who Knew	Being able to read	
What do you want to be when you grow up?	Family Activity	
A chef	Go out to dinner	



Who is your hero and why?

My parents because they raised me and they do a lot of stuff for me. They give me clothes and shelter and they make me feel happy.

About Henry

I moved here one and a half years ago from Chicago. I am a Cubs fan and Blackhawks fan. I like the Chicago Bears too. Last year I got my puppy named Bear after we moved here. I like swimming and playing can jam on the beach with my aunt at our lake house. My favorite ice cream is strawberry cheesecake.

Education begins with inspiration

Students at The Grosse Pointe Academy begin their educational journey in the nurturing environment of the Early School, the longest continuously operating Montessori program in Michigan. With small class sizes and a dedication to the value and well-being of every child, the Academy's Early School offers its youngest students the freedom to explore the excitement of learning on their own while perfecting individual talents under the loving guidance of teachers, all in an environment where each child is nurtured, challenged and inspired every day.

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Meet Emily



Name	Emily Fleming
Age	18
City	Grosse Pointe City
School	New York University
Parents	Laura Sanom & Bill Fleming

Emily's Favorites

- Music Artist**
Mumford & Sons
- Music Genre**
Alternative
- TV Show**
Parks and Recreation
- Movie**
Harold and Maude
- Actor/Actress**
Emma Watson
- School Subject**
English
- Vacation**
Ireland with Grosse Pointe South Choir
- Food**
Dark chocolate
- Book**
We Should All Be Feminists
- Teacher**
John Monaghan
- Extracurricular Activity**
Choir

About Emily

Emily is a 2016 Grosse Pointe South graduate who is moving to New York City in the fall to attend New York University.

She plans to pursue a BFA in film and television with a minor in television writing.

“Watch out, Tina Fey.”

What interesting skill do you possess and what would you like to learn?
I can wiggle my ears, which I hope will make me very rich someday. I'd love to learn how to cook because I burn pasta regularly.

What song have you downloaded that would surprise people?
“Hot & Cold” by Katy Perry. I pretend that I'm way too cool to have music like this on my phone.

If you could have three wishes granted what would they be?
To win tickets to *Hamilton* three times

Where do you see yourself in five years?
Probably broke on the streets of New York trying to work for NBC

What did you want to be as a child and what do you want to be now?
I always wanted to be president, but have since realized that it takes a lot more than wit and a charming personality. I want to write and produce live TV.

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ASSUMPTION'S GREEKFEST

Assumption's Greekfest is the perfect summertime four-day fun-filled event for the entire family. With authentic Greek food, entertainment and culture, Greekfest kicks off Thursday, Aug. 18 and runs through Sunday, Aug. 21.

Festivalgoers will enjoy live entertainment, Greek dancing, marketplace shopping, a kids tent, taverna and delicious Greek pastries. The grand opening ceremony is Thursday, Aug. 18 at 6:30 p.m. with surprise guests and area youth performing.

Expanding every year, the kids' area features many rides, games and activities. The Grand Raffle will be held Sunday.

A drive-thru carry out express station will be open daily from 11 a.m. to 7 p.m. featuring delicious Greek classics. Call ahead at (586) 596-6326. Deliveries will be made to offices and businesses for orders of \$50 or more during these hours.

The 2016 Greekfest will also feature a marketplace inside Assumption Cultural Center with a variety of goods for sale, including art, jewelry, baked goods, clothing, religious items and much more.

Tours of Assumption Church will be given daily. Visit the cultural exhibit in the Hellenic Room prepared in collaboration with the new Hellenic Museum of Michigan.

Proceeds from the Festival will benefit outreach programs of the Assumption Greek Orthodox Church and Cultural Center and Assumption Nursery School and Toddler Center.

Regular admission is \$2 and children under 12 years of age are no charge. Free parking and shuttle service is available and valet service is provided for a nominal donation!

Assumption Greek Orthodox Church is located at 21800 Marter Rd. For more information call (586) 779-6111 or visit www.assumptionfestival.com. ☎



Racing For Kids to the Hill

Festoons will once again fly overhead, checkered flags will be flap in the wind and race car engines will rev up for the 10th Anniversary Celebration of Racing For Kids to the Hill. The event will be held Wednesday, Aug. 31 on Kercheval Ave. in the Farms.

"This is our 10th year and everyone is working hard to ensure the event will be bigger and better than ever," says co-chair Tom Buhl. "Every year we have surpassed the year before in terms of attendance, participation and enthusiasm. Our community has really embraced this event and the support has been amazing."

Racing For Kids uses the popularity of motorsports to generate awareness and funding for children's healthcare institutions across the country. Founded at Children's Hospital of Michigan in 1989, Racing For Kids has been bringing IndyCar drivers to the bedsides of hospitalized children for the past 26 years.

This year's event will include the usual daytime street fair celebration, which is free and open to the public from 11:30 a.m. to 3 p.m. and includes a sidewalk sale, games, moon walks, refreshments and activities for the whole family.

The College for Creative Studies will be represented by young artists. One artist will demonstrate computer design skills used in automobile design and production. Another artist will direct children in their own creative endeavors.

A cocktail reception and live luxury auction at Northern Trust from 6 to 9 p.m. will raise funds for the hospital visit program and several local children's hospitals. The gathering will feature gourmet fare from Dirty Dog Jazz Café, The Hill Seafood and Chop House, Jumps, Café Nini, Luxe Bar and Grill and Fresh Farms Market. Dirty Dog Jazz Cafe will provide music and the auction will feature many luxury items. Tickets to the evening reception are \$100 for advance purchase or \$125 at the door or if purchased after Aug. 28.

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Pangborn, Prechter Fund Team Up to Battle Bipolar Disorder

Dominic Pangborn's artwork is always changing and he's fearless in his approach, which is never the same twice. Now Pangborn is making a statement about research on mental health. He has designed a new scarf and tie based on images generated by University of Michigan scientists. Those who add it to their wardrobe will be helping that science move forward.



Released just in time for May, National Mental Health Awareness Month, Pangborn's creations are in partnership with the Heinz C. Prechter Bipolar Research Fund. The silk scarves and ties bear images of nerve stem cells generated in Prechter-funded research, together with the hopeful shapes of butterflies.

The Prechter Bipolar Research Program, part of the University of Michigan Depression Center, includes research into the basic mechanisms underlying bipolar disorder. Its scientists generate stem cells from skin cells donated by people with the condition, and those without, and then grow the kind of nerve cells found mostly in the brain. This process allows scientists to understand — in the laboratory — what's different between the two kinds of cells, at the genetic and molecular level. Scientists can manipulate these "brain cells in a dish" to test different medications.



Bipolar disorder is an illness that affects millions of Americans and is marked by the highs of mania and the lows of depression. Also known as manic-depressive illness, the disorder causes shifts in mood, energy and activity levels, making day-to-day tasks difficult and sometimes impossible. The illness is marked by a high suicide rate and impacts the whole family. The Prechter Fund scarf and tie project aims to call attention to research being done in this area of mental illness — research that is vitally necessary.

Beginning in May, the Pangborn store at 335 S. Main Street in Ann Arbor, and the Pangborn web store at pangbornties.com, will sell the special edition of scarves and ties for the Prechter Fund, priced at \$95. All net proceeds will go directly to Prechter bipolar research projects at the University of Michigan Depression Center.

For more information on the Heinz C. Prechter Bipolar Research Fund, please visit prechterfund.org. To learn more about Pangborn Design, go to pangborndesign.com. For more information on this special collaboration, please contact Prechter Fund Communications Manager Kat Bergman at kbergman@umich.edu, or (734) 232-0456.



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'Leaves of 3, leave them be!'

By Dr. Saima A. Khan

Poison ivy, poison oak and poison sumac cause an itchy blistering rash that can make summertime miserable.

The rash is caused by an oil in these plants, and coming into contact with that oil is the only way to get the rash. The oil is quickly absorbed into the skin but can stay on objects (gardening tools, gloves, clothes, shoes, even pet fur and leashes) for a long time, even years!



The rash can spread only if the oil is spread, so washing your hands, tools and anything else that came into contact with the plant is essential. Wash with warm soapy water as soon as possible.

You can give the rash to someone else only if they come into contact with the oil — touching the blisters or the fluid in the blisters is okay as there is no oil in them. Animals don't get the rash but can transfer the oil to you, so pets should be washed with soap and water if they have been exposed to the plants.

Avoid scratching the rash as bacteria under the nails may cause an infection that requires antibiotics. The rash lasts one to three weeks and usually resolves on its own. At home, you can use calamine lotion and oatmeal soaks, and take Benadryl at night if needed. See your doctor if your rash is severe or nothing eases the itch. Go to the ER if you have trouble breathing or swallowing or if the rash is on your face or genitals.

Remember: "Leaves of 3, leave them be!"

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



Pointe Alarm is pleased to announce the addition of Ms. Amanda Walzak (formerly from Grosse Pointe Alarm/FE Moran).

Amanda has over 10 years of Alarm customer service experience. Her career began working in the Central Station as a dispatcher and has worked in many different positions in our industry including data entry, inventory management and customer service. She also has experience with many different alarm platforms including Honeywell, DSC, ITI and DMP as well as is knowledgeable in the additional services that can be added to your system. Amanda is customer driven and will do all she can to help solve the problem over the phone to avoid unnecessary and costly service calls.

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Allium in bloom



Sugar Tyme Pink Crabapple Trees



Photos by Anne Burke



COMMUNITY PRIDE

By Matt Wentworth

Detroit's east side is getting greener, and definitely cleaner. Over the past six years, the Moross Greenway Project has transformed the stretch of Moross from I-94 to St. John Hospital to a source of community pride.

Seven years ago, someone driving in the area would've seen piles of litter, and knee-high dandelions. "We came back to our beautification meeting and said, 'We have to do something,'" says Sheila O'Hara, president of the Moross Greenway Board, and member of the Grosse Pointe Farms Beautification Commission.

O'Hara worked to gather donations to put the plan in motion. "One of our biggest supporters is St. John Hospital. It really helped to legitimize the group," she says.

Donations have continued to pour in, big and small. Wayne County helped by waiving expensive permit fees. Funds are used to pay contractors to plant trees, flowers and plants, as well as mow it.

"Wayne County pays to mow it seven times a year. We supplement it, because that's not enough," O'Hara says.



Volunteers clean up the trash. Twice a year, once in the spring and once in the fall, about 20 volunteers gather to pick up whatever garbage they can find. With seven islands in the middle of Moross, about 100 feet wide, it's a big job.

"This is a terrific project," says Wayne County Commissioner, Tim Killeen, who picked up trash on a sunny April morning. "This is going to bring added value to the community." It's also building pride. O'Hara says, "It doesn't matter that one side of Mack is Detroit and the other side is Grosse Pointe. This is where we all live. We don't see any dividing line."

O'Hara is hoping a clean and green drive on Moross will also be a safer one. "Maybe people will start driving 35 now, because this is really pretty." ☺



Board member Diane Palmer



Wayne County Commissioner Tim Killeen and board member Lauren Parrott

Too young for an estate plan?

By Jon B. Gandelot

The death of singer Prince at age 57 is a graphic reminder that it is never too early to get one's affairs in order. As of this writing, no will or other estate plan has been found for Prince. The court-appointed trustee of his estate estimates that over half of Prince's estate will be used for the payment of taxes.



Most people don't have the tax problem Prince's estate will encounter. However, an unexpected death of a younger person can be fraught with problems. If the person has minor children, who will act as guardian for those children until they reach age 18? Will those children be prepared to receive their inheritance when they reach the age of majority, or would a trust for their education be more appropriate? Who are the beneficiaries and contingent beneficiaries of life insurance and retirement plans? Who will be in charge of the decedent's estate?

None of us like to think about our own demise. This is especially true of those in their 30s and 40s. The simple fact is that no one is immortal. We don't know when death will come, but we all know that it *will* come. Being prepared for it and having an estate plan in place will greatly reduce the angst, confusion and heartache for those you leave behind. For those of you who resolved to get your affairs in order this year, why not get started right now?

Jon B. Gandelot is founding principal, GANDELOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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Meet Chris



Name	Chris VanTol
Age	34
City	Grosse Pointe Park
Occupation	President, VanTol Insurance Group

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Vacation Spot
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Spot in Grosse Pointe
Lake Shore Road

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The Giving Tree

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Dessert
Key Lime Pie

What is your favorite thing about living in Grosse Pointe?

The proximity and accessibility to Lake St. Clair

What are two of your best personality traits?

Determined and organized

What is the best trip you've ever taken?

Racing our family sailboat from Newport, R.I. to Bermuda in 2014 and 2016

What is the best gift you've ever received?

When we were quite young (10?), my brother and I received an 8-foot wood sailboat from our Dad who had purchased it out of the garage of Grosse Pointe Greg Thomas.

What is one thing not many people know about you?

Upon graduating college, I spent a summer working on low income housing in New Zealand.

You win the million dollar lottery. What do you do?

I would buy a boat and sail around the world.

What accomplishment are you most proud of?

Taking the leap of faith to start my own business

Words to live by?

"To reach a port, we must set sail –
Sail, not tie at anchor,
Sail, not drift." –Franklin D. Roosevelt

About Chris

"I obviously enjoy spending most of my free time on the water or a boat but I really enjoy my time with family most. My parents and both siblings all live in Grosse Pointe. I have three nephews and one niece. Our family gatherings usually consist of me leading the boys in a baseball or kickball game. I'm looking forward to coaching them to be the next sailing match racing team in Grosse Pointe in 2025."

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Seasons

By Lina Bowman

In a recent TV commercial featuring Tom Watson, the legendary golfer discussed how the weather can be your biggest opponent. He stated, "The trick to dealing with the weather is knowing how to play for whatever comes your way."



When it comes to your financial life, the same can be said. Being prepared and knowing how to play for whatever comes your way requires some serious planning. It requires not only having the tools, but the strategies and expertise to know how to best use and leverage those tools.

This kind of planning requires going beyond investment choices and simple asset allocation, such as how much to invest in stocks, bonds, cash or even alternatives. It requires a strategic view of your overall situation.

Comprehensive wealth management can help you be prepared and ready to play for whatever comes your way, be it financial winds, rain or even sunshine. It includes four areas, something I call the "Seasons of Your Life:" creating and growing wealth; protecting and preserving; creating an income plan; and finally, creating a legacy plan. Implementation can and should be tax-efficient wherever possible, because what counts is not what you make, it's what you keep!

Are you prepared for the financial weather in every season of your life? Talk to your financial adviser to discuss how you're positioned and prepared. Ask yourself if you have a comprehensive plan. If not, perhaps it's time for a second opinion.

You've worked hard, now it's time to play hard!

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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Buying, selling on land contract

By Anna Bartolotta

I was 19 years old when I bought my first home; it was under a land contract, and it was a cute one-bedroom condo. The property didn't have a current mortgage, so the sellers could self finance the sale and make the money through the interest that the bank would make during the term of the agreement.



When done properly, a land contract sale can be a win-win for everyone involved. The buyer who may not be able to secure funding can purchase property, and the seller can make, in the long run, more money through the interest the buyer is paying. Selling the home out right would give the seller a large sum of money up front, but with patience that money could be more in the long run.

If you are thinking about buying or selling a land contract, contact a real estate attorney, hire a title company, employ a home inspector and check on the taxes to make sure they are up to date. Terms can vary depending on the agreed upon sale, but if an agreement can be reached and all parties are happy, this is a valuable tool for anyone that is looking for an alternative to conventional financing.

Remember, a home cannot be sold land contract if money is currently owed to a bank, and as in any agreement, do not default on your payments because that home can be easily taken from you during an eviction process.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.

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RIGHT @ Home

Summertime sanctuaries

By Virginia Ficarra



This condo complex, left, has installed an outdoor fire pit as a gathering area for its residents. It reminds me of camping out, sitting around the fire roasting marshmallows, singing and sharing stories, a memorable occasion engaging family, friends and neighbors. It's as if George Gershwin's music is in the air, "summertime, when the livin' is easy."

Blue skies and sunny days are luring us outside. It is a welcome shift from desktops, mobile phones and TV screens to tranquil outdoor scenes. While your neighbors are packing up to drive hours out of town, create a simple 'staycation' of your own. You can carve out a comfortable summer space no matter the size of your home or property, balcony or porch. A few square feet can go a long way. The décor ingredients are all the same; a blend of colors, textures and patterns,

and your choice of ambient lighting. The rest is left up to Mother Nature's sights, scents, sounds and a cool summer breeze. Here are a variety of inspiring spaces and places.

To create a simple 'staycation,' you may only need to purchase an outdoor area rug sized to fit your allotted space. It is the prime building block that defines the floor plan for a gathering area. Simply select a theme, then match the scale of your lounge chairs and props to fit.

For daily pleasure, create a small cove to enjoy a morning coffee or afternoon tea. After a day of tedious

schedules, a personal meditation setting is a welcoming place to recharge, and lift your spirit, such as this meditation bench, above left.

Come rain or shine, this three-sided, screened-in porch, top right, was recently added to a 1940s home. It has space for both seating and dining. The privacy trellis outside the back wall camouflages the detached garage and the sliding drapes control sun exposure and inclement weather.

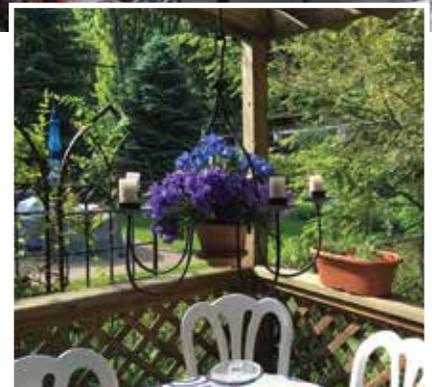
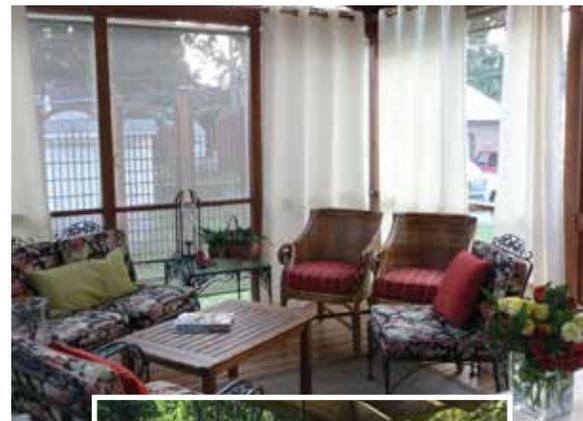
A moonlight sky sets the stage for dining under the stars on this tiny porch, right. The chandelier was revamped; painted and topped off with flowers and candles. A small table and chairs ready it for an alfresco delight.

Imagine summer dining or sipping hot chocolate after a day of ice-skating or skiing. It's a seamless plan for this all season "staycation" on a raised stone patio, left. It was designed for a family that loves outdoor activities for all seasons. Rain or shine, snow or sleet, the overhead slats are adjustable and the bluestone floor has automatic sensors to keep it warm and dry. The raised patio overlooks a steaming waterfall that flows into the koi pond, another feature inspired by Mother Nature. ☺

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Photos courtesy of Virginia Ficarra's clients



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SHINOLA AT AHEE

DETROIT CLASSIC NOW AVAILABLE IN GROSSE POINTE

By Beth Newhart

Everyone knows that Edmund T. AHEE Jewelers is the place to go for a signature timepiece. Stroll by the cases, and you will see venerable names like Rolex, Patek Philippe and Tudor. But make way for the new kid on the block. This June, Detroit's own Shinola joined the collection at the Mack Ave. store.

Although Shinola's reputation as a well-made watch has grown over the past four years, the fact that it is Detroit made and marketed was a strong appeal to the Ahee family. Ahee is also accustomed to creating their own fine jewelry at their state-of-the-art workshop, and they appreciate the

work that goes into the Shinola pieces.

"I had the opportunity to tour the Shinola facilities in downtown Detroit," says Anthony Ahee, timepiece and diamond expert at the store as well as a third generation Ahee, "and thought it was great to see manufacturing as such coming back to metro Detroit.

"The processes and techniques that each timepiece went through, right here in Detroit, were quite impressive."

They are currently featuring men's and women's models, and the collections include: The Canfield, The Runwell [including the Sport and Chrono versions], The Brakeman, The Gomelsky and The Birdy. Customers were so excited, they were ordering pieces before they even hit the showroom.

Shinola might be the new kid on the block when compared to Ahee's 70 years in Detroit, but its story is crafted much like the turn-of-the-20th-century entrepreneurs who put the city on the map. The company has 30,000 square feet of manufacturing space in the Argonaut Building, a 1928 Alfred Kahn creation in the New Center area that is now home to the College for Creative Studies A. Alfred Taubman Center for Design Education.

There, the timepieces are hand assembled by skilled trades people whose first mission is quality.

"As a custom jeweler for nearly 70 years, we understand the concept of local manufacturing," says Ahee. He says their customers are known for their loyalty and trust, and adding a hometown partner, like Shinola, makes it an exciting time for all. [P](#)



Photos by Beth Newhart





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Bogart's Food and Spirits was established in 2005 and was started by Gary Van Biervliet. Gary's son, Jason, quickly began helping his dad out in the kitchen. Before he knew it, Jason realized that the kitchen of any restaurant is the main vein in the business. He later quit his second job to focus more on the dining experience. Seeing the passion that his son had to change and redevelop the business, Gary made an offer to his son to inquire about buying the restaurant from him. Jason accepted and saved up for a few years, working harder to make a down payment. After finishing culinary school at the Art Institute of Troy, and three years of hard work and savings, Jason's vision of serving up delicious, real, honest food came true. Since the switch, Bogart's has exemplified the eatery experience by mixing Detroit's Eastern Market resources with in-house freshness and skill. From the infamous Bogart's Burger, to the raved about Bread Knots, Bogart's has become a hot spot right at Detroit's Grosse Pointe border. Jason changed the name to Bogart's Food and Spirits after expanding the menu to feature a larger variety of craft beer, wine and liquor. He is set on making the next 10 years even better and making Bogart's a great staple for anyone looking to watch the game, grab a beer with a friend, enjoy a delicious pizza, or for anything in-between. We look forward to serving you soon! 

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Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm

Web: www.city-kitchen.com



Photo by Donald Schulte

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Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Fork and Knife Burger with Foie Gras, Shrimp Paella, Smoked Tomato Soup with Brie Toast and Creekstone Farms Filet Mignon to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.  

Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



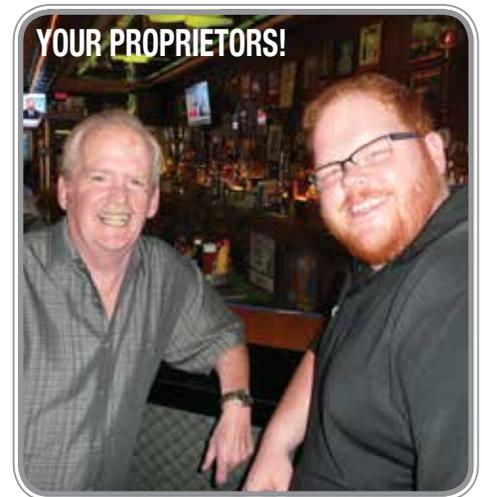
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Little Tony's - Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you. 

Hours: Mon-Sat 11am-11pm

Web: www.littletonysgp.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. And true to their heritage, the Ropotos Brothers are announcing Saturday evening **GREEK NIGHT**, featuring all classic and favorite dishes. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Mike's on the Water

Located in Michigan Harbor/Colony Marine (enter thru automatic gates)

24600 Jefferson, St. Clair Shores • (586) 872-2630

The 2016 season has arrived!!!! We are back for our 6th season, bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials and great salads. Try our "Lobster Roll" — over 5,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. **Live entertainment Friday, Saturday and Sunday.** Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft. **Come see what we've changed over the winter and check out our new menu items, including Mike's NEW Tomato Mozzarella Salad, Fish Tacos and Lobster Bisque!**

Book your parties here!

Your host, Mike LeFevre

Bar Hours: Mon-Sat 11:30am-close; Sun noon-close

Kitchen Hours: Mon-Thur 11:30am-9pm; Fri-Sat 11:30am-10pm; Sun noon-9pm

Web: www.mikesonthewater.com



Morning Glory Coffee & Pastries

85 Kercheval, Grosse Pointe Farms • (313) 647-0298

It's Grosse Pointe Farms' favorite "go-to" spot! Morning Glory Coffee & Pastries boasts everything from torts, cakes and pies from its full-service bakery to delicious soups made fresh each day. A standout for the coffee shop is its liquor license — guests may enjoy specialty coffee drinks, such as Spanish and Irish coffee, wines by the glass and even a "spiked" lemonade and smoothies! Stop in early for that first fresh-brewed "cuppa" with a homemade pastry and come back for a house-made soup for lunch.  

Hours: Mon-Sat 6am-6pm; Sun 9am-3pm

Web: www.MorningGloryGrossePointe.com



RESTAURANT GUIDE

Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Picatta and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

Hours: Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;
Sat noon-11pm; Sun 3-9pm
Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

- Monday** - Burger Bash (burger and fries) \$4.99.
- Tuesday** - Fajita Frenzy \$10.99; **1/2 off pizza!**
- Wednesday** - All you can eat Perch \$12.99
- Thursday** - Rib Rave (1/2 slab with fries) \$9.99
- Sunday** - Prime Rib \$13.99

Hours: Mon-Sat 11am-2am; Sun Noon-2am
Web: www.shoresinn.com



Sierra Station La Cantina

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 39 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.  

Come dine and have a relaxing drink in our gorgeous patio!

Hours: Lunch: Thurs-Fri 11:30am-1:30pm
Dinner: Open daily at 5pm
Web: www.sierrastationgpm.com



Photo by Donald Schulte

Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 30 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Wednesday-Saturday
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS

Hours: Mon-Sat 11am-Close; Sun 3pm-Close

Web: tellysplace.com



The Rattlesnake Club

300 River Place Drive, Detroit • (313) 567-4400

Locally Grown since 1988. Watch "Bon Appetit, Detroit," our new cooking video series in partnership with Eastern Market, on our website! Detroit's finest riverfront dining experience celebrates over 25 years of innovative cuisine and outstanding service in our exquisite setting. We take pride in providing diners with an unparalleled, unforgettable culinary experience. Memories are made here as Executive Chef Chris Franz and his renowned team creatively prepare the highest quality local and seasonal foods using Prime Certified Angus Beef and non-farmed, sustainably-harvested seafood. The wine list shines with rare and boutique wines as well as an extensive craft beer list which complements a bar stocked with the finest local-to-global products. The award-winning restaurant's elegant dining rooms offer picturesque views of the Detroit and Windsor skylines, and in the warm weather months, the lovely Garden Terrace is a lush retreat. The Rattlesnake Club's beautifully appointed private dining rooms add an intimate ambiance to special celebrations and meetings, and the Stroh River Place Atrium, with its breathtaking blend of marble, brick & glass, is the ideal setting for corporate functions, vehicle displays and charity auctions. The Rattlesnake's stunning riverfront patio sets the stage for lavish wedding ceremonies and receptions. We'll see you at the 'Snake!    

Hours: Tues-Thurs 11:30am-10pm; Fri 11:30am-11pm; Sat 5:30-11pm

Happy Hour: Thurs & Fri 4-7pm

Web: www.rattlesnakedetroit.com



Photo by The Rattlesnake Club/Joe Vaughn

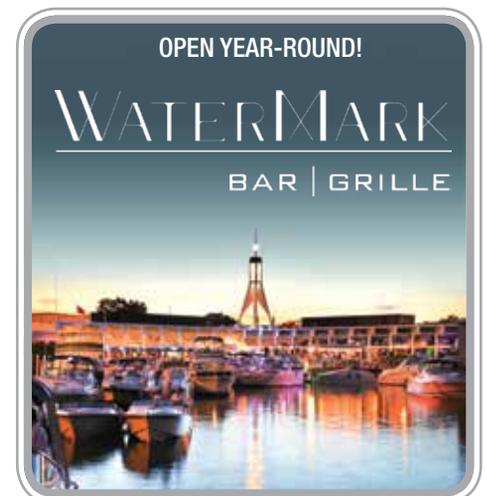
Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With its amazing views and classy but casual atmosphere, WaterMark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. And don't forget to book your next event or organization outing in their dockside banquet room! Come in check out what everyone is talking about — the Watermark Bar & Grille! 

Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com



Meet Jean



What was your first job?

Counter girl at Queen Cleaners in the Village next to the A&P Store

What is one thing you miss about being a kid?

Swimming at the Grosse Pointe Park with my big brother as a lifeguard

What is the best trip you've ever taken?

Paradise Island in the Bahamas. We took my husband's brother, Tom (18 years younger), to celebrate his graduation from Grosse Pointe High School in 1968.

What is the most historical day in your lifetime?

Band Day at Briggs Stadium in 1948. As a Grosse Pointe High Majorette, running out onto the Briggs Stadium Field in front of the Grosse Pointe High School Marching Band and hearing the fans roar in the spectator stands. It was awesome!

What accomplishment are you most proud of?

Marrying my husband, lover and friend of 54 years, Bill

Words to live by?

Always treat others as you wish to be treated.

Name	Jean Buhler
Age	84
City	Grosse Pointe City

Jean's Favorites

Season

Being a boater most of my life, summer

Book

To Kill a Mockingbird, The Thorn Birds

Food

Pork chops and scalloped potatoes (for every childhood birthday)

Musical Artist

Mario Lanza 'Be My Love' and Ethel Merman 'Everything's Coming up Roses'

Vacation

Beaver Island in Lake Michigan (a step back in time with a 5- and 10-cent store with squeaky wooden floors and slapping screen doors)

Dessert

The Hill's lava cake with peppermint ice cream

Movie

National Velvet and *Dark Victory*

About Jean

Jean's parents, Janet and Jim Swan, moved from England to America in 1921 and built a house in Grosse Pointe Park, where they raised Jimmy Jr., Jack and Jean.

Jean attended Trombly Elementary School until the family moved to Grosse Pointe City in 1940. She attended Richard Elementary School, Brownell Junior High and Grosse Pointe High School before graduating (with future husband Bill) in 1950. Jean and Bill were married in 1956 and lived in the Woods and Farms, making the Shores the only Grosse Pointe community Jean has never lived in.

Over the years, Jean has worked for a wide range of companies, including Vernor's Ginger Ale on Woodward Ave., Chrysler Corporation, Jacobson's Cosmetics (for 15 years) and Grosse Pointe Knit Shop.

Lifelong boaters, she and Bill sailed out of the Farms Pier for 23 years, power boated as a member of Grosse Pointe Yacht Club for 25 years, and competed and won awards in Cottage Hospital fun runs. She has been a member of the Grosse Pointe Yacht Club, Detroit Yacht Club and Grosse Pointe Farms Yacht Club, Grosse Pointe Historical Society, Grosse Pointe Garden Club and is past president of Grosse Pointe Woman's Club and the Welcome Wagon.

In her free time, Jean enjoys sewing, painting, knitting, reading, entertaining, good music and church activities.

Need child care help?

By Jonathan Boos

If you are an expecting parent, you probably feel like you're riding an emotional roller coaster. Whether it's your first, second or third child, there's an endless amount of planning and preparation that takes place before you welcome him or her into your home. Even though the overriding emotions are excitement and joy, they're often accompanied by anxiety. One of the main causes of this anxiety involves the following question: What to do about child care?



Many parents have a difficult time juggling their careers with caring for their children ... not to mention carving out enough time for themselves. According to Lynn Perkins, CEO and co-founder of UrbanSitter.com, "You can't do it alone. Neither one parent or two can raise a child without some help. It's tough, relentless work. You need time to yourself, even if it's just to go for a cup of coffee."

It's because of this that more and more parents are turning to professionals to provide child care help. The benefit of using a home care company for a child's care is that all our nurses and nurse aids are fully bonded and insured. They are also subject to criminal background checks prior to being hired. We have the ability to offer as much as 24-hour care, seven days a week or as little as a couple hours per week. Just enough time to catch a movie, go shopping or grab that cup of coffee.

For more information on our child care services, please contact Nursing Unlimited at (586) 285-0300 or visit our website at www.nursingunlimitedonline.com

Jonathan Boos is director of business development for Nursing Unlimited, Inc.

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Senior Fun Day ‘Finding Joy in Life’



Wayne County Community College District (WCCCD) will team up with local senior and health care organizations on Thursday, Aug. 11 for the 11th annual Senior Fun Day at Grosse Pointe Yacht Club. “Finding Joy in Life” is the theme for the free event. Activities will be held from 9:30 a.m. to 2:30 p.m. for ages 55 and older.

Coffee and pastries will be served during registration, immediately followed by 10 a.m. educational workshops including Zumba, yoga, meditation and jewelry making.

Throughout the day, a panel of experts will discuss finding joy in art, music, exercise, integrative medicine and nutrition. BULLDOG Records Management will provide a shredding truck to shred documents for seniors until 12 p.m. Volunteers will assist seniors who need help carrying bags of documents to shred. Materials for shredding are limited to two bags per person.

Attendees are invited to enjoy a delicious luncheon with entertainment by Jack McCormick. Door prizes will be awarded following the keynote speaker.

Heart of the Hills will be the keynote performance. The community theater organization, of actors, singers, dancers and technicians 50 years and older, performs live shows throughout Michigan. The music and stories come from a wide variety of Broadway shows as well popular music from bygone eras.

For more information or to register for this dynamic program, call SOC at (313) 882-9600. Registration is required and is limited to 230 people. Due to anticipated attendance, walk-ins will not be accepted.

WCCCD, the largest urban community college in Michigan, is a multi-campus district with five campus locations, the Mary Ellen Stempfle University Center and the Center for Distance Learning on Vernier Rd. provide numerous educational opportunities for the east side communities. WCCCD enrolls 72,000 students annually across 32 cities and townships, and more than 500 square miles. WCCCD is committed to the continued development

of new programs, workforce transformation, hosting community-based training sessions and improving student facilities and services. 

Photos courtesy of WCCCD Senior Fun Day



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In the Village
16926 Kercheval Ave.
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Gilbert's Pro Hardware
21912 Harper Ave.
St. Clair Shores

Thomas Cliff today, as a psychotherapist, and his Wayne State University Master of Social Work degree hanging in his office

Photo by Jane Nordberg



a worthy investment

By Jane Nordberg

Thomas Cliff is big on inspirational quotations. A statement from Shakespeare’s *Macbeth* oversees his desk (“Give sorrow words”) while a saying attributed to St. Irenaeus, Bishop of Lyons in the second century, provides him with regular reflection: “The glory of God is man fully alive.”

Perhaps the most telling is a Carl Jung quotation this Grosse Pointe lawyer-turned-banker-turned-psychotherapist has chosen for the back of his business card, “The privilege of a lifetime is to become who you truly are.”

Cliff learned this lesson personally in 2009, when his job in investment banking was suddenly eliminated. At age 64, he did what most people tend to do – look for the same type of work, with little success.

“An understandable reflex is to try to replace what went away with something exactly like it, whether it’s a new job or a new spouse, and as quickly as possible,” he quips. “That type of thinking rarely works out as planned.”

Realizing that his enjoyment of offering tax planning and investment advice paled in comparison to the relationships he had forged with clients, Cliff became a full-time graduate student in 2009 in Wayne State University’s Master of Social Work program, graduating in 2011. Following an “eye-opening” stint in a clinic setting, Cliff’s current private practice in St. Clair Shores affords him the opportunity to do what he does best – listen to people he often finds inspiring, regardless of their particular situation.

“I credit my mother with my ability to listen to people’s stories,” he says. “She had a knack for remembering the details of everyone’s lives and found everyone fascinating.”

He is also grateful to his wife, Joan, for her unwavering support. Five years after his radical career change, Cliff says he wouldn’t change a thing.

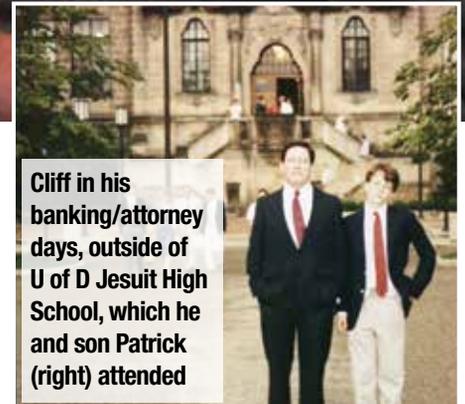
“I’m delighted,” he says. “This is my retirement plan. I plan to practice as long as I can – it may become a little more free form, but this is stimulating and challenging work that I greatly enjoy.”

Cliff brims with advice for those facing a similar professional crossroads. First, he says “tolerate the choppiness” that comes with sudden instability. Second, he advises to broaden one’s circle of friends.

“If you’re an attorney and all your friends are attorneys, you will all reinforce each other’s suppositions,” he says. “It’s better to surround yourself with people who think differently from you.”

Finally, he says, don’t be afraid to take the time to find out what really makes you happy, and talk to others who can advise you to incorporate more of that into your daily personal or professional life.

“We all have a true self and a constructed self,” he explains. “The constructed self is not exactly untrue, but it’s a rose-colored version of our true self. It’s the one we use to get a job, get us through life, but it may or may not be in sync with our true aspirations. When a career is gone, good health is gone, relationships go away, the true self stays. Better be sure it’s someone you can live with.” ❧



Cliff in his banking/attorney days, outside of U of D Jesuit High School, which he and son Patrick (right) attended

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4300 Cadieux Road,
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cadieuxcafe.com

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- Assisted Living Communities
- Skilled Nursing Facilities
- Memory Care Communities
- Adult Foster Homes

▲ Aging in Place

- In-Home Caregiving
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- In-Home Nursing Care
- In-Home Physical Therapy
- In-Home Physician Services

▲ Financial and Estate Planning

- Elder Care Attorneys
- Financial Planners
- Veterans Benefits
- Medicare, Medicaid and Social Security
- End of Life and Funeral Planning
- Long Term Care Insurance
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COOKING

with CHEF ETHAN STEINER

Smoked Whitefish Dip



During the summer months, I enjoy spending time at Lake Front Park and Belle Isle. On a beautiful summer day just driving through the parks makes me hungry with the wonderful smell of all the barbecues.

Smoking is just one type of barbecuing. Smoke cooking is done very near or over the heat source, but at a very low temperature. The smoke is used to flavor the food. Both the smoke and the heat source cook the food.

If you don't have a smoker, it's easy to turn your grill into one. It's a personal preference of mine to soak my wood chips. I place a handful of wood chips in a bowl, cover them with water and soak for about 30 minutes. After 30 minutes of soaking, drain the water from the chips. Place the wet wood chips in the center of a piece of foil (18 x 18). Fold the four sides of the foil over on top of the wood chips to completely enclose the wood chips. Use a sharp object to poke about four to six small holes in the top of the foil pack. Place the pack on top of the coals or above the burner on the grill.

There are different types of wood chips, such as oak, apple, cherry, hickory and mesquite. I have also used apple juice instead of water to soak my wood chips. It's fun to try all different combinations on meat, fish, pork and poultry.

This smoked whitefish dip is simple to make and can be finished the day before eating so when it's time to go to the barbecue (or if the barbecue is coming to you), you will have more time to spend with friends! Enjoy!

Smoked Whitefish Dip

(yields 4 cups)

Ingredients

- 4 pounds** whitefish
- 2 cups** mayonnaise

- 1 cup** sour cream or crème fraîche
- 4** green onions
- Salt and pepper to taste

Directions

1. Smoke the whitefish in a smoker with cherry wood chips for 2 ½ hours at 140 degrees F
2. Remove whitefish from smoker and let cool
3. Remove the skin and bones
4. Pick the meat off the fish and put in a bowl
5. Add remaining ingredients
6. Put in a covered container and refrigerate at least ½ hour before serving

Serve with grilled or toasted

baguette, assorted crackers, and/or fresh-cut vegetables such as celery, cucumbers or bell peppers.

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

After working the Las Vegas hotel circuit, Steiner decided to return to Michigan. He has worked with, and for, Chef Jose Andres, Chef John Hilton, Chef Rick Moonen, Chef Gordon Ramsay and Chef Wolfgang Puck. Today, Steiner is Sous Chef at Antietam in Detroit Eastern Market in Detroit.

Follow him on twitter @Chef_Ethan.



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'WHAT'S IN A NAME?'

By John Minnis



During boating season, we've all wandered along the docks, reading boat names and wondering what the story was behind them. So we asked our Facebook "Friends" with boats what their stories were.

This from Ted and Mary Huebner: "Our boat is named *Scholar Ship* in honor of the full scholarships both of our children received. For a few years, we also had a second boat named *Full Ride*. In both cases, if you looked carefully, you could see that the dot over the 'i' in each name was actually a tiny mortar board." To clarify, Ted adds, "We still gave our kids the college funds we set aside for them and did not spend them all on the boat!"

Wayne Creech, a former co-worker of Terry's, named his boat *Little Creecher*, "No explanation needed," he says. Pete and Marilyn Waldmeir echoes that comment with their boat name, *Misquote*, as does the submission from Meg Leonard, *Rock Finder!* Lisa Mager had two boys in hockey (hockey parents know what that means!), so they named their boat *Ice Breaker* (with a hockey stick graphic) as respite from the everyday grind at the rink. Their current boat is named *Gamer*, as in serious sports and as an acronym of their name.

When Terry and I had a boat, we named it *Mitzi Too* after our

beloved beagle. The Berschbacks named their boat, *Chips Ahoy*, after their dad, Chip. Even though the children are grown, they still refuse to let them change the boat's name, says Suzy Berschback with her distinctive, heartfelt laugh.

For someone who originally was not thrilled with his boat's name, *Fast Tango*, Tim Prophit now likes it so much he has it tattooed on his shoulder. "Doug Baker, a late past commodore of the Detroit Yacht Club, suggested *Fast Tango*, which I didn't care for all that much when I first heard it," Prophit says. "But, I could not come up with anything I liked better." *Fast Tango*, featuring a couple doing the tango, will be in the the Bell's Beer Bayview Mackinac Race, scheduled for July 16.



Natalie J owner Phil O'Niel, explains his boat moniker's history: "A long time ago, my father bought his first boat and named it *Natalie J* after my mother. Over time, we changed boats, and my father and I became partners in the new boat, keeping the name *Natalie J*."

Tom White says his boat's *White Water Dragon* name was inspired "by our three-year stay in China."

Nauti Boys, owned by Ed Vermet and John Hughes, "is short for 'Nautical' and 'Boys,'" says Vermet, "since we have two dads and three boys who did junior sailing, and they all

love to sail."

Mackinac Race Chair Kyle Burleson named his boat *Pendragon*. "Uther Pendragon in Welsh lore was the father of King Arthur," he says.

TAZ, featuring the cartoon character, is "just a reflection of sailing a little wild and crazy around the course," says owner Hanson Bratton.

Robert Duker's *Gail Force* is named after his wife, who also loves to sail, he says. "We have been married for 35 years, and she remains the best and biggest influence and 'force' on my life," he says. Amen! 🙏

Brian Marshall contributed to this story.



Tango photo by Martin Chumiecki.



Taz photo by Brian Marshall.



Kimmel family 'expecting' for the Mackinac

By Brian Marshall

When it comes to the Mackinac, Geoff Kimmel has been there, done that.

Over the last several years, Kimmel helped win several division flags aboard the 52-foot *Natalie J* out of Bayview Yacht Club. It doesn't get much better than that.

Still, as Kimmel matured, there seemed to be something missing. Celebrating rigorously with crew mates after reaching the island was fun, but Kimmel says that it got old

after several forays. So at last year's race, Kimmel decided to add a family touch to the race, as in a family welcoming committee.

"It's kind of a special event. My daughter Riley came up with my wife (Mori) last summer," he says. "That was the first time. We met up on the island, we were able to spend some time and that was all fun.

"After being at sea a couple days to pull in to see your smiling wife and your kid, it's really special. Certain races can be pretty full on. The goal in sailing is to have fun, but the main requirement is to get there safely."

This year's race will provide Kimmel with an even larger greeting committee. When he reaches Mackinac Island, there are expected to be two times the number of family members present. Kimmel says he and his wife expect to welcome twins before this year's race.

"We're going to try to get the whole family up there. Get a place and stay the whole week, all five of us together," Kimmel says. "The twins will be a different challenge. The race will be the easy part. We'll have our hands full." 

The 2016 Bell's Beer Bayview Mackinac Race takes place July 16. Visit bycmack.com for more information.





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Photo courtesy of Grosse Pointe Sail Club



GROSSE POINTE SAIL CLUB PROSPERS AFTER 68 YEARS

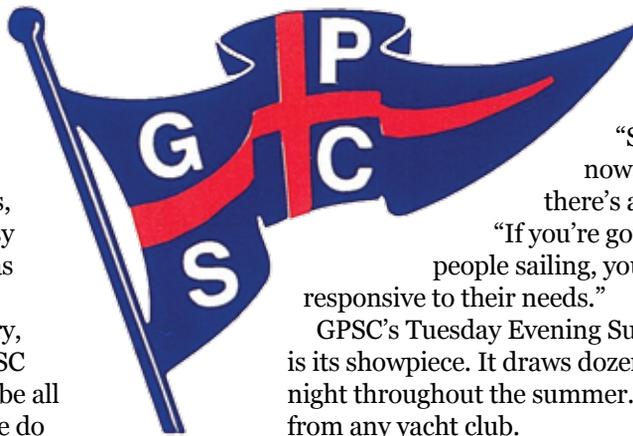
By Brian Marshall

The Grosse Pointe Sail Club, located in Grosse Pointe Park, tends to get overshadowed by the larger, more prestigious clubs. But with 250 members, an exciting sailing agenda and a very busy and diverse social schedule, the GPSC has nothing to apologize for.

“Our challenge is preserving our history, while not forgetting the future,” says GPSC Commodore Andrea Solak. “We want to be all things to all people. We have a lot that we do treasure and that speaks for all of the people who came before us.”

The Grosse Pointe Sail Club was established in 1948. Windmill Pointe Park and marina provide an ideal venue for conducting sailboat races, while the Tompkins Center serves as the clubhouse. The club has come a long way since in earliest days.

“It used to be you had to live in Grosse Pointe, you had to be a male and you had to have a sailboat. We open it up to all Park residents,” says Sail Club Director Mike Sherwood.



Solak and her cohorts actively recruit new members. “Sailing is a difficult sport nowadays. It’s expensive and there’s a lot of competition,” she says.

“If you’re going to keep the number of people sailing, you’ve got to be innovative and responsive to their needs.”

GPSC’s Tuesday Evening Sundown Series, begun in 1961, is its showpiece. It draws dozens of sailors every Tuesday night throughout the summer. The races are open to sailors from any yacht club.

“They’re very popular because it’s a short course. You’re not out all day on the water or in the evening,” Solak says. “All sorts of fun people come together in the love of sailing.”

The Grosse Pointe Sail Club also established a program designed to introduce sailing to the public. “We have a program where if you’ve never sailed, come on down. We’ll have a boat for you, take you out on the water and you’ll get the true experience,” Solak says.

For more information, visit gpsc.org or the Facebook page, Grosse Pointe Sail Club. 



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Bayview's New Chef at the Helm

By Beth Newhart

Bayview Yacht Club has looked out on the Detroit River for over 100 years and is well known for developing sailors, preserving sailing traditions and sponsoring, along with Bell's Beer, the Mac - the venerable race that takes sailors from Port Huron to Mackinac Island every summer.

They also used to have the best waterfront dining, but as Aaron Wagner, the club's general manager, will tell you, it had fallen on hard times.

"Members were not enjoying the food, and the business end of things was not being addressed, like food costs and control," he says.

"We have more than 1,000 members but only 150 boat slips," he continues. "This means that there is more to this club than just boat slips in the harbor."

Taking the wheel of Bayview in 2015, its centennial year, Wagner set out to right the ship. Through a mutual friend, he met Jared Bobkin. Young and talented with an understanding of both the front and back of the house, Bobkin was offered the position of executive chef, and in a few short weeks, he unfurled a new menu at the club's restaurant.

Born in Flint but raised in Oak Park, Bobkin graduated from the Art Institute in Novi in 2010 with a degree in

applied science focusing on culinary arts. His first chef and main mentor was David Daniot of the Grosse Pointe Yacht Club. He is taking things slowly at Bayview, simplifying the menu with classic dishes while adding flare with his appetizers.

"The membership likes to know that there will be certain options available," he says, "and since they pay the dues, they are granted the privilege to ensure those items will be available anytime they come to the club."

Entrees now include New York strip, filet, perch and whitefish. Appetizers are a bit showy with pink peppercorn-seared ahi tuna and Hoisin-glazed chicken wings. Bobkin has yet to choose a signature style or dish, but seafood, of course, is a major focus.

"The sea is so fascinating with exotic things that so much can be done with them," he says, "and there are still new things being utilized everyday."

As Bobkin grows with the club and members gain his trust as a chef, he'll look to broaden the menu. So far, the course looks to be a smooth sail.

"He has made a dramatic impact on our club since his start date," says Wagner, "and we are looking forward to a bright future ahead which will once again see Bayview as the number one waterfront destination." 



Photos by Donald Schulte Photography

Lake St. Clair 'staycations'

By Ted Everingham

A ride along Lake Shore Drive on a sunny summer morning always reminds me of how fortunate we are to live, as we do, on the shores of Lake St. Clair. While many of us will be spending

some part of our summer in idyllic Northern Michigan, there is a plethora of places to go



and sights to see right here, on and around our "Sixth Great Lake."

The Tour Lake St. Clair website has a list of 25 Top Destinations for your Lake St. Clair "staycation," all within easy reach of those of us live in or near the Grosse Pointes. Here's a sampler:

Harsen's Island, at the top of the lake and the mouth of the St. Clair River, is rich in history and an ideal place to enjoy the beauty of freshwater deltas, freighter watching and an abundance of other sites.

Lake St. Clair Metropark is perfect for bird watching, windsurfing, kiteboarding, boating or swimming. Bike, hike, jog or in-line skate along a one-mile paved trail along the lakeshore.

Detroit Princess Riverboat, 200 feet long, can accommodate up to 1,800 passengers and offers regularly scheduled cruises.

You will find more about these destinations and many others at www.tourlakestclair.org. Enjoy!

Ted Everingham's Great Lakes Log can be seen on alternate weeks on WMTV, a service of the Grosse Pointe War Memorial, on Comcast channels 5 & 915 in the Pointes and Harper Woods, on WOW channel 10 in Grosse Pointe Woods and on AT&T U-verse in seven counties in Southeast Michigan. For times, click on the WMTV page of www.warmemorial.org or check the WMTV listings in the Grosse Pointe News.

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USS DETROIT COMMISSIONING CEREMONY

By Pete Waldmeir

Any GI who's served in the military is familiar with the time-honored practice of "hurry up and wait."

So it's no surprise that Detroiters and others who wish to attend the official commissioning of the US Navy's newest littoral combat ship, the USS Detroit LCS7, are being asked to apply now for free tickets to the Detroit riverfront event scheduled for Sept. 17.

"We anticipate a large number of applications and we have a limited amount of seating," explains Grosse Pointe Shores resident John Peracchio, chairman of the Navy League's commissioning committee. "So it's imperative that we find out how many interested attendees are out there as soon as possible.

"Gov. Snyder and the Secretary of the Navy Ray Mabus, will be here along with Mayor Mike Duggan, retired U. S. Senator Carl Levin and Mrs. Barbara Levin, plus a whole lot of other dignitaries," Peracchio adds.

Barbara Levin is the ship's "sponsor," having swung the traditional champagne bottle at the Detroit's keel launching from its birthplace shipyard in upstate Wisconsin in October 2014. Sen. Levin recently had a new U. S. Navy destroyer named after him during a ceremony in Detroit.

Those seeking to reserve tickets for the Sept. 17 commissioning ceremony, to be held on the Detroit waterfront behind the GM Renaissance Center, are asked to complete an application located on the event's official website, ussdetroitlcs7.com, and file it electronically as soon as possible.



Ship sponsor Barbara Levin officially christened the future USS Detroit combat ship before its launch into the Menominee River.

An invitation will be sent to those who apply 60 days prior to Sept. 17 and tickets and other information will be mailed out 30 days prior. No government security clearance is required, Peracchio says.

The USS Detroit is the sixth US Navy vessel to bear the city's name. Designed to operate in shallower waters than traditional large combat ships, it is 387 feet long and 57 feet wide but draws only 14 feet. Outfitted with all of the latest electronic fighting weapons, it carries a relatively small crew of 50 men and women.

The riverfront commissioning will be the final ceremony before the Detroit begins a long journey to its home port at San Diego, Calif., and ultimately to be stationed and operate in Far East waters out of Singapore. [P](#)

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GAR WOOD'S LEGACY

By John Minnis

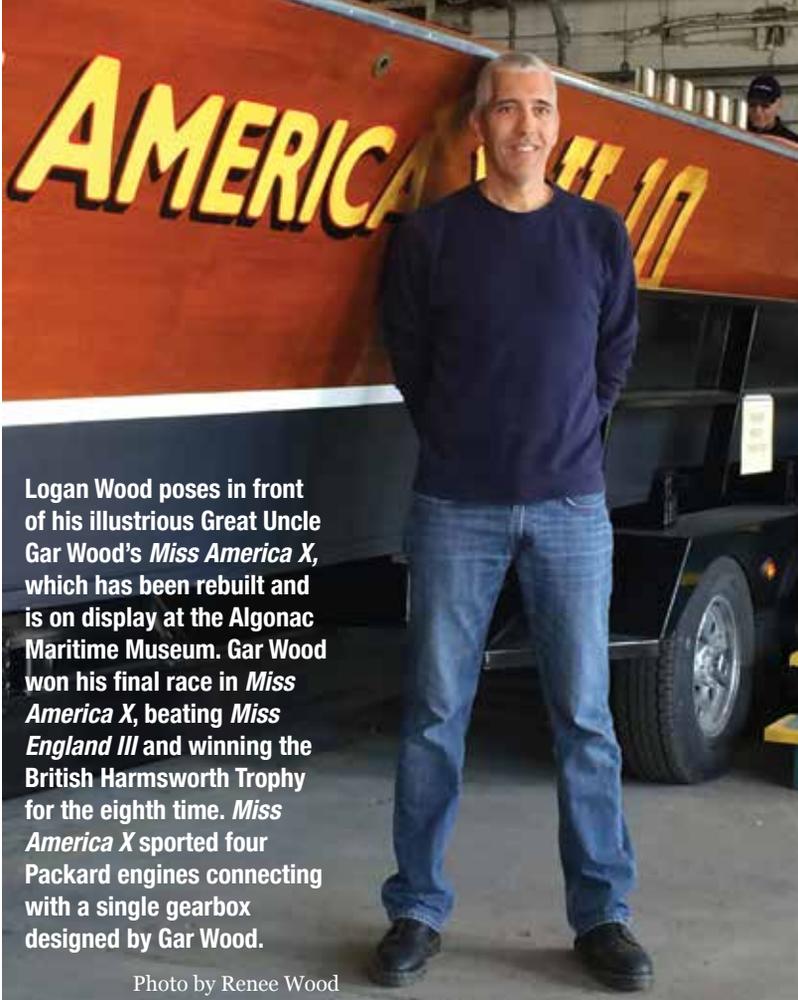
When Grosse Pointe North alumnus Logan Wood's hair turned prematurely gray, he was thrilled. He was proud to take after his famous Great Uncle Gar Wood of Detroit River racing fame, whose hair turned white when he was in his 50s. But, whereas Gar Wood stood only 5 feet 6, Logan Wood tops 6 feet.

"He was called 'The Gray Fox,'" Logan Wood says while pulling out photographs, news clippings and photocopies he has collected about his illustrious uncle. "I was too young to remember him."

While Logan Wood hasn't "written the book" on Gar Wood, he could. "He was a mechanical genius," the nephew says. "He invented the hydraulic hoist, which was used in his boats and for the dump truck and garbage truck."

When Gar Wood came to Detroit in 1915 (some reports say 1910) from near Duluth, Minn., he was an unknown 35-year-old inventor. Though he had no formal engineering education, he was a multi-millionaire by age 40 and head of Garwood Industries.

One of 12 children born to a ferryboat skipper, Gar Wood commandeered the Detroit River powerboat racing scene from the beginning. In 1915, he bought the *Miss Detroit I*, which was pretty beat up after winning the Gold Cup the year before in Minnesota. Wood took the boat to Algonac, where he purchased the Chris Smith's boat plant, home of Chris Craft, and immediately began tinkering. In 1917, he decided to put an airplane engine in his *Miss Detroit*



Logan Wood poses in front of his illustrious Great Uncle Gar Wood's *Miss America X*, which has been rebuilt and is on display at the Algonac Maritime Museum. Gar Wood won his final race in *Miss America X*, beating *Miss England III* and winning the British Harmsworth Trophy for the eighth time. *Miss America X* sported four Packard engines connecting with a single gearbox designed by Gar Wood.

Photo by Renee Wood

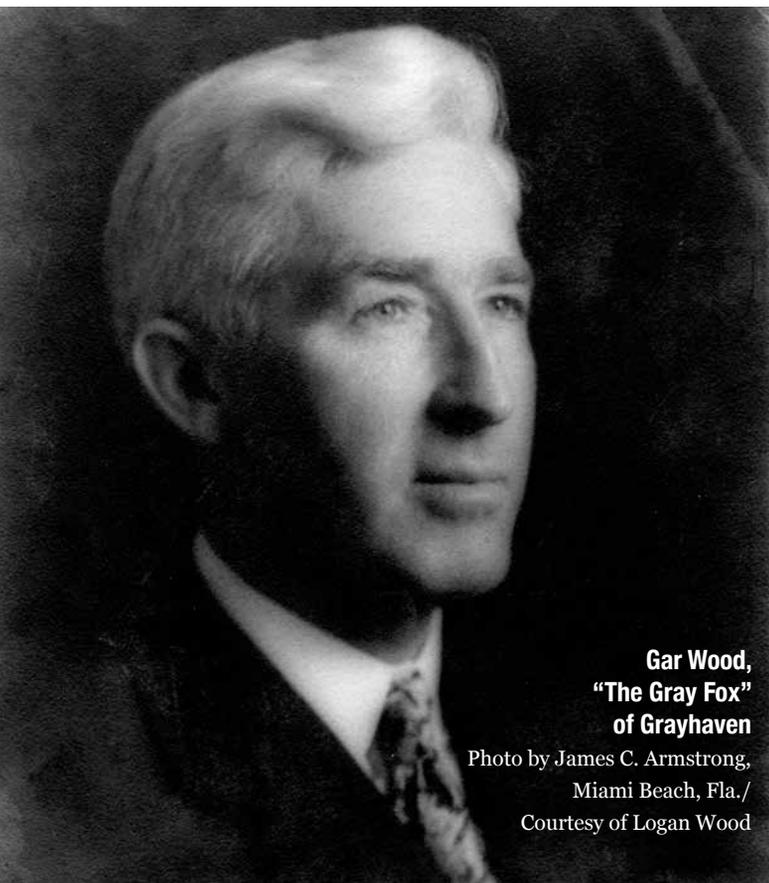
III, much to the disdain of his fellow racers. He went on to win the 15th Gold Cup Race on the Detroit River, one of five consecutive Gold Cup wins — a record that still stands today.

In 1920, Gar Wood decided to go after Lord Northcliff's coveted Harmsworth Trophy, the equivalent in stature to today's America's Cup. To make the challenge, Wood took *Miss Detroit V* to Britain, along with his new boat, *Miss America I*. *Miss America* easily won the race against the out-matched *Miss England*. Gar Wood brought the British trophy back to America — to stay. Gar Wood successfully defended the Harmsworth eight times, including one win in 1931 where *Miss America IX* and *Miss England II* were disqualified and brother George Wood went on to win in *Miss America VIII*.

Gar Wood holds the distinction of the first to exceed 100 mph on water and to break the 2-miles-per-minute mark at 124.915 mph. Wood also built the world's fastest express cruiser in 1921 in which he beat the *Havana Special* in a race from Miami to New York and the famed *20th Century Limited* from Albany to New York City. The *Gar Jr. II* would later be adapted as the PT boat of World War II fame.

Gar Wood piloted all his boats and took the risks. *Miss America VI* blew up on the St. Clair River with Wood at the helm — just two weeks before his next race. He built *Miss America VII* in just 14 days — after fishing his engines from the bottom of the St. Clair River.

At the time, Gar Wood was to powerboat racing what Bobby Jones was to golf and Babe Ruth was to baseball. To Logan Wood, he is "Great Uncle Gar." 

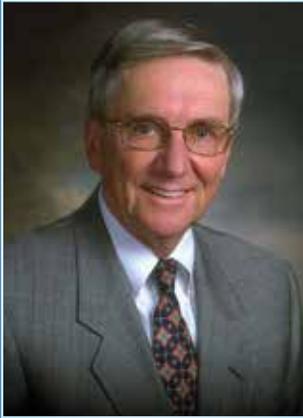


Gar Wood, "The Gray Fox" of Grayhaven

Photo by James C. Armstrong, Miami Beach, Fla./ Courtesy of Logan Wood

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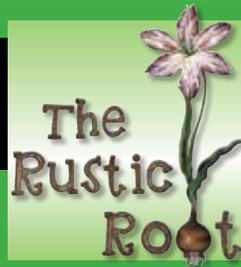
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Inside out

By Ken Welch

Lately in our women's weight lifting class there's been an emphasis on "putting more weight on the bar." My experience has been that after talking people into it, they're always surprised at themselves when they find they can lift more than they thought. That's a good thing.

If a person is daydreaming during a lift and loses count of their reps or they confess thinking about tasks on their "to do"

list, they're not working hard enough. Another indicator, if they can talk about that same list at the same time they're doing their weight exercise, ditto.

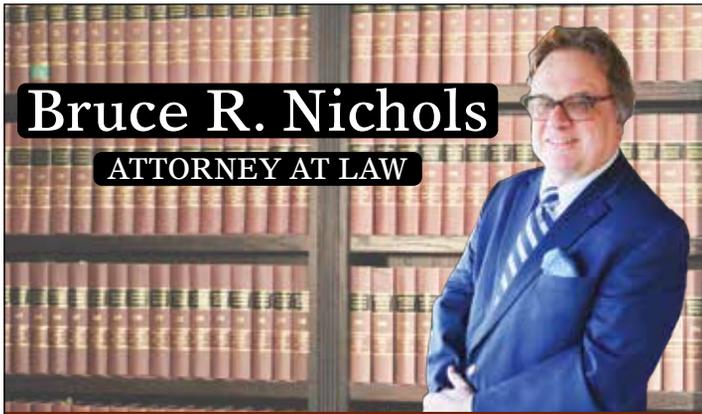
Beef it up or risk a, "spinning your wheels" workout. Try going heavier, challenge yourself. A person who can do three sets of 20 of any particular weight lifting movement and feel fairly comfortable at the end is not working hard enough. Most people can do 5 to 10 pounds more of anything. For women this is a common mistake, which is different from men who want to lift a house just to say they can. For some men too much can actually be too little. There's no training, only straining. You have to find the "work zone."

What's the big deal about proper weight? Generally speaking, getting stronger, lifting more weight, improving on your reps and appearance are all progress you can see and not see — stronger muscle fibers, higher metabolism, improved brain function, bones density and durability and sharpened reflexes.

It's cool to have a tangible way on the outside of measuring how healthy and strong you're getting on the inside.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.





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Skip Fincham Retirement Party Jan. 13 @ GPW Community Center

Photos by John Minnis



Skip and Linda Fincham



Fellow "Chiefs": John Schulte, Dave Hiller, Bruce Smith, Steve Poloni and Dan Jensen



City managers Dale Krajniak, Skip Fincham, Mark Wollenweber and Shane Reeside

GPCC* Annual Dinner Jan. 28 @ Grosse Pointe Yacht Club

Photos by Christine M.J. Hathaway

*Grosse Pointe Chamber of Commerce



Joel and Angela Hebeka



Gary Marowske and Liz and Bob Rader



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Kathleen and Michael Conway

St. Paul Auction Feb. 6 @ Grosse Pointe Yacht Club

Photos by Colin Hathaway



Fr. Joseph Kirkconnell, Tina Forsythe and Msgr. Patrick F. Halfpenny



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OLSOS* Gala Feb. 27 @ Grosse Pointe Yacht Club

Photos by Christine M.J. Hathaway

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Paul Ventimiglia, Gary Lombardi and Brian Suarez

GPAAS* 20th Anniversary April 21 @ Assumption Cultural Center

Photos by John Minnis

*Grosse Pointe Animal Adoption Society



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John and Cher Giesecking and Dorothy Fleming



Tom and Diane Ray and Paul Martin



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David Lemunyon, Corinne Martin and Officer Steve Johnson

Books on the Lake April 30 @ Grosse Pointe Yacht Club

Photos by John Minnis



Laney Corrado, Vickey Bloom and Stef Lozon



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With Detroit native and jazz legend Ron Carter as artist-in-residence and the annual Homecoming Series taking an expanded role, the 37th Detroit Jazz Fest has a decidedly Detroit flair. Set in Hart Plaza and Campus Martius, against the Detroit's skyline, the world's largest free jazz festival will be held Sept. 2 through Sept. 5.

"The jazz tradition in Detroit is iconic and known worldwide. Today, it's a vibrant scene that is constantly evolving and growing and our Festival continues to nurture and support it," says Gretchen Valade, chair of the Detroit Jazz Festival Foundation Board of Directors. "With the wonderful Ron Carter as our artist-in-residence, we are taking the music to a new level of Detroit connection."

Legendary bassist Ron Carter, the most-recorded bassist in music history, is the cornerstone of this year's lineup and will perform a nonet, trio, quartet and big band sets.

"Each year, our priority is to create artistic experiences that are representative of the diverse nature of the genre and deliver sonic experimentation and exploration, creating new layers of the jazz landscape," says Chris Collins, president and artistic director of the festival. "This year we're certainly looking inward to the legacy of Detroit to create musical experiences that are unique to the jazz fans the world over."

As evidence, the festival is in the process of evaluating local and regional talent through submissions on its website. Ensembles will be selected for performance slots after applications are reviewed by regional music professionals.

The Ron Carter National Bass Competition, open to bassists

35 years of age and younger, will highlight up-and-coming talent whose artistry reflects the commitment to tradition and originality that are tenants of Ron Carter's virtuosity. Winners will receive a festival performance slot and monetary prize. ♣

The 2016 Detroit Jazz Fest will take place on JPMorgan Chase Main Stage, Carhartt Amphitheater Stage, Waterfront Stage and Pyramid Stage. The lineup includes:

George Benson • John Scofield, Brad Mehldau, Mark Guiliana • Roy Hargrove with Strings • The RH Factor • Freddy Cole and the Detroit Jazz Festival String Orchestra - The Cole Family Legacy - remembering Nat and Natalie • Omar Sosa Quarteto AfroCubano • Terri Lyne Carrington's Mosaic Project • Chris Potter Underground Orchestra • Randy Weston's African Rhythms & the Wayne State University Big Band • Ms. Lisa Fischer & Grand Baton • Jason Moran Bandwagon Trio • Roberta Gambarini and Jimmy Heath - Celebrating Jimmy Heath's 90th • Marcus Roberts Modern Jazz Generation • Luciana Souza - Speaking in Tongues • Alfredo

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**Corinne Martin
with siblings
Tulip and Tommy**

Photos by Lauren
McGregor



Tulip and Uno shaking paws

Corinne Martin

*from ice skates and auto sales
to kitten whiskers and puppy tails*

By Lauren McGregor

It's kitten season," Corinne Martin, founder and executive director of Grosse Pointe Animal Adoption Society, laments. "At this time of the year, residents are cleaning their garages, boats, etcetera. And they are finding litters of kittens, which are brought to us."

With such a boom in homeless pets, how does Martin handle the influx? By employing her unbelievable background and its one unifying theme: determination.

"I was a professional figure skater," she says. "As a child, I was on the Olympic training team." That is, until a tragic plane crash took the lives of her coach and fellow training team members. "After that, Olympic training for figure skating in the area dissipated," she explains. She went on to become a national competitor though, earning several gold medals.

After graduating from high school, Martin joined the Ice Follies and traveled around the country as a showgirl. "It was a bad environment," she cringes. "I returned to Grosse Pointe and became a professional ice skating coach in the metropolitan area."

Her unique path zig zagged from there, including earning a master's degree in special education from Wayne State University, then spending 15 years as a manufacturer's representative for German automotive companies.

"I went from skating to special education to international automotive sales," she laughs. The demanding fields prepared Martin for what would become her proudest work: founding Grosse Pointe Animal Adoption Society in 1996.

"Figure skating is very competitive, disciplined, precise," she says. "I get a lot of my energy, drive and will to succeed from that background."

As for her experience in international automotive sales, Martin smiles, "If you can sell car parts, you can sell cats and dogs. Although I did all of these things, my passion was always animals. And because I grew up in Grosse Pointe, I was

inspired to start the organization here," she says. "It was based on a need that has unfortunately risen dramatically."

GPAAS takes in 600 animals per year, triple the number it took in 20 years ago, from Grosse Pointe Woods, Grosse Pointe Shores and Harper Woods alone. But why the increase in homeless pets?

"There is a larger residential turnover than there was in the 80s. It results in unwanted pets. There is also a high percentage of seniors in our community and many become unable to care for a pet," she says. "On top of that, I see a lot of impulse buying. People regret adopting a pet and then leave it with us without any donation for the care of the pet."

The veterinary bills exceed \$150,000 per year, including care, vaccines and medications. With one full time employee, rent, utilities, food and supplies, expenses push \$300,000.

"We're not bringing in enough to cover that," Martin admits. For the past couple of years, GPAAS has been in the red.

Because it services affluent communities, the organization sees little in the way of grants. "We receive some funds from fundraisers and adoption fees, but we are truly dependent on donations," she says.

But Martin plans to do what she's always done — work hard and persevere. Her plans include a new program, the Loffredo Lifeline Veterinary Blood Bank, which will be fully functional by the end of the year and help with the astronomical cost of blood in veterinary procedures.

GPAAS is working to raise funds for another K9 team for Grosse Pointe police, as well as teaming up with St. Saabis Monastery in Harper Woods for further fundraising efforts.

"We just want to make people aware so we can remain in this community, which we can't do without the funds."

To make a donation, volunteer your time, adopt a pet, become a foster home or learn more about GPAAS, visit gpaas.org or call (313) 884-1551. [P](#)

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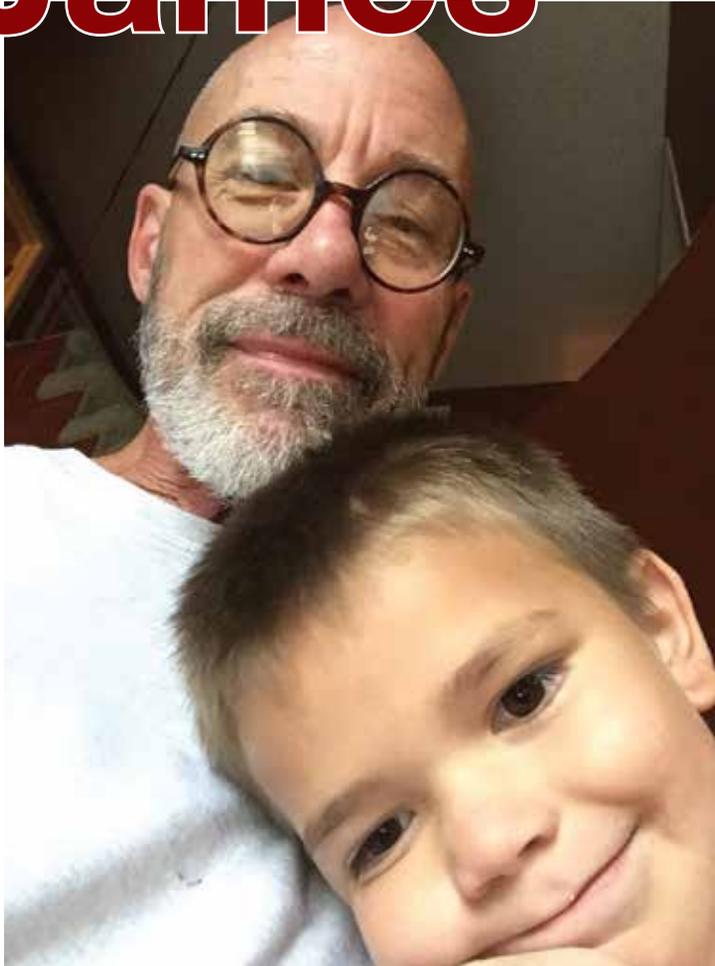
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Meet James



Name	James F. Lessenberry
Age	61
City	Grosse Pointe Farms
Occupation	Animal Behaviorist

Animal Learning Systems

“I have been practicing as an animal behaviorist for over 30 years, and while most of our clients are from southeast Michigan, we are proud to have clients in nine states and Canada,” says Lessenberry.

Animal Learning Systems on Mack Ave. in the Farms boasts many services including clinical behavior therapy practice for challenging companion animals, the very popular turnkey off-leash training programs, family-centered group dog training courses and Urban Dog Campus that promotes long term client relationships through ongoing boarded training and care. Each program represents consummate personal service.

“Beyond our services and the well mannered dogs we produce, I am particularly grateful for my talented and dedicated staff.”

About James

“I was born at St. John’s Hospital at Moross and Mack in 1955, so opening my office here in the Farms, in 2006, has brought me full circle.

As a child we lived in Detroit and later Oakland County suburbs, but I have lived rurally for the past 25 years.

My partner of 18 years, Don, our son, Liam, and three dogs that range in size from 17 to 120 pounds, enjoy exploration, travel and all things outdoors, especially our annual late winter trip to Aruba.

Becoming a parent in my 50s means no retirement, no free time, no savings, no option for growing old(er), but plenty of amazing and unanticipated joy!”

What was your first job?

Paper boy, selling newspapers at the Hazel Park Race Track

Why did you want to become an animal behaviorist?

To apply the study of behavior and neuroscience in a practical way to help families be whole and functional around their pets

Tell us something about you that most people don’t know.

I served in the mid-1990s as Chairperson of the City of Detroit, Human Rights Commission, appointed by Mayor Dennis Archer.

What is your favorite thing to do outside of work?

Working on my home and yard

If you weren’t an animal behaviorist, what would you be?

I have always had a strong entrepreneurial spirit. I have a number of related business ventures I would still like to pursue one day.

What is your next goal?

To fly more this year, now that Liam is older. He is a great copilot.

Words to live by?

“To get it right, be born with luck or else make it. Never give up. A little money helps, but what really gets it right is to never ... under any conditions face the facts.” - Ruth Gordon



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Dr. David Balaj

Corinne Martin

Dr. Pamela Graves

Photo by John Minnis

BLOOD BANK FOR PETS? GREAT IDEA!

By Susan Bollinger

Just like people, dogs and cats need blood transfusions due to injury or illness. Soon, stray dogs and cats who arrive at the Grosse Pointe Animal Adoption Society (GPAAS) through the Animal Urgent and Critical Care Center in need of blood will receive whole blood or plasma donated to them by GPAAS pets awaiting adoption.

Pamela Graves, DVM, a veterinarian at Animal Urgent and Critical Care in Harper Woods, and Corinne Martin, executive director of GPAAS, saw a need and created a partnership that gives homeless animals a unique purpose.

“While awaiting adoption, carefully screened cats and dogs can become donors to the Loffredo Lifeline Veterinary Blood Bank,” says Dr. Graves. “Animal health and safety are key, so donor animals meet strict weight, age and health criteria. The animals can only donate once every eight weeks, and are served a big, delicious meal afterward.”

Animal blood banks are rare, as pre-donor screening costs are \$150-200 per animal. Whole blood has a limited shelf life — 28 days or less — while frozen blood products can be used up to one year. Cats and dogs that are universal donors are ideal for the blood bank.

David Balaj, DVM, owner of the Harper Woods Veterinary

Hospital and Animal Urgent and Critical Care Center, hopes that in the future, the blood bank can expand to veterinarians on the east side.

“The need for blood is unpredictable and immediate. There are many cases when an animal comes in with a bleeding ulcer, acute onset anemia, internal bleeding or even a puppy with parvo, and would not make it without transfusion,” says Dr. Balaj. “It’s an incredible service and one more thing that makes the Grosse Pointe community really special.”

The goal is to have one dog and cat available for transfusion every week and one “on call,” in addition to supplemental stored blood.

Pet blood banks have a large start-up cost due to the testing required and short shelf-life of products. The generosity of a donor made the program possible.

“My parents were deeply committed to helping dogs and cats, especially those with medical needs, and established the Loffredo Family Fund within GPAAS for that purpose,” says Grosse Pointe resident James Loffredo. “When Corinne approached me with the idea of using a portion of the Fund to finance this unique project, it seemed like a natural fit. This blood bank can become a significant life-saving resource for our community’s pets.” 

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Meet Calvin



Name	Calvin Stolarski
Age	1 1/2
City	Grosse Pointe Farms
Breed	Chihuahua
Parents	Regan & Joe Stolarski

Calvin's Favorites

Treat

Ice cubes

Place to nap

Sunny spot or Dad's head

Place to walk

All over people

Toy

All of them

Activity

Chasing bugs

About Calvin

Calvin shares his Grosse Pointe Farms home with parents Regan and Joe, human siblings Carolyn and Joe, furry brothers Toby, Brady and Cosmo, and one bird sister, Lilly, whom Calvin is very disappointed he cannot play with.

"I was really excited when I met my new family for the first time and found I would have three fur brothers and a whole lot of people to call mine.

The biggest fur brother was a hard nut to crack. I heard someone say he was alpha dog — whatever that means. I tried to play with him but he would only growl, until one day I pretended to be hurt and he stopped to lick me. Now I get disgusting baths from him every day!"

Are you a couch potato, watch dog or lover?

Watch dog, it's in my DNA.

What is the most mischievous thing you've done?

I'm still working on it.

How do you show your family you love them?

I like to snuggle and give lots of kisses.

What is your biggest pet peeve?

When Cosmo tries to steal my ice cubes

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Guardian Angels
Medical Service Dogs, Inc.

unleashing the power to heal

By Sarah Stahl

For many veterans, there is no escaping the trauma they've endured; war abroad evolves into a war within.

Post-traumatic stress disorder (PTSD), a mental health condition triggered by experiencing or witnessing a terrifying event, results in 32 to 39 suicide attempts per day by veterans suffering from the disorder, 22 ending in death.

But there is hope. The Grosse Pointe Board of REALTORS and Grosse Pointe War Memorial have embarked upon a mission to make a difference in the lives of those traumatically affected by PTSD through major contributions to Guardian Angels Medical Service Dogs, Inc., a non-profit organization training highly skilled medical service dogs for people with both mental and physical disabilities.

"Many veterans spend years trapped in their homes, battling the hidden demons of PTSD, often misunderstood by society and unsuccessfully treated with medication and therapy," says Mary Lamparter of Association of United States Army Arsenal of Democracy Chapter.

"Each dog is custom trained to support and improve a veteran's life based on their individual needs," says Michigan Guardian Angels volunteer and advocate Jolanthe Basset.

"By pairing 22 dogs, in 22 months, with 22 veterans

we will have one full day of no suicides," says Founder and CEO Carol Borden.

Grosse Pointe REALTORS and the Grosse Pointe War Memorial provided funds for one service dog, a German Shepherd puppy named G. P. (representing Grosse Pointe). G.P. will be trained and given to a local veteran.

"They receive 40 inquiries a day with 150 veterans on the waiting list nationwide," Basset says.

It costs \$22,000 to fund a dog like G.P. for proper training and follow-up for the life of the team. Tax deductible donations of \$22, \$220, \$2,200 or more offset the cost of training additional service dogs. To help, attend "Celebrate Michigan's Military" fundraiser at DC3S at 7205 Sterling Ponds

Court, Sterling Heights, Oct. 15 and support Guardian Angel Medical Service Dogs.

Contact Jolanthe Basset at the Michigan Division by calling (248) 904-0579 or visit www.medicalservicedogs.org.



Top, Michigan veterans and their Guardian Angels Medical Service Dogs

Photos courtesy of Guardian Angel Medical Service Dogs

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Allison Mourad and Peanut

By Lauren McGregor

Communicating effectively with humans and animals alike has been a lifelong talent for retired FBI agent turned pet massage therapist Allison Mourad.

As an FBI agent, Mourad gravitated toward the pets in high stress situations. And in countless cases over her 24 years of service, she was the one to gain their trust.

“I have a deep love for dogs and I always knew that after my FBI career, I wanted to do something with animals,” she says.

Nearing the end of her service, Mourad researched careers involving dogs and ultimately decided to pursue certification as a Certified Canine Massage Practitioner.

“Massage therapy has the same benefits for pets as it does for people,” Mourad explains. “Many pets are arthritic, have prior injuries or anxiety.” Massage therapy offers necessary relief.

In 2013, after several classes, hands-on training and a six month internship, Mourad received certification and began volunteer massages at Grosse Pointe Animal Adoption Society, among other organizations. When she retired from

the FBI in 2014, Mourad officially opened Artemis Pet Care & Massage.

“It’s no easy task for anyone to calm down a dog that’s been sitting in a cage all day every day, but Allison has worked her magic on them and they love it,” says Grosse Pointe Animal Adoption Society executive director Corinne Martin. “Even in a hectic, noisy shelter environment on the floor of my office, Allison has been able to socialize and calm the most energetic and anxious dogs.”

The benefits of pet massages are seemingly endless. “Massages treat anxiety, lower blood pressure and retrain muscles from their holding patterns,” Mourad says. “Defense or stress positions are permanently held and cause problems, such as muscle spasms. Massages ease that tension.”

Senior dogs in particular benefit from massage therapy, easing the aches and pains of old age, as well as emotional suffering.

“Dogs grieve when they lose someone, whether it’s a family member moving away to college or the death of another pet.



Allison Mourad with her and husband Brian's two dogs, Harley and Brunsy.



It's often communicated in their moping around the house. Massage therapy eases that anxiety and offers comfort."

For all the benefits massage therapy affords, one might wonder what the process involves.

"I go to their house and bring my massage table or mat depending on the size of the dog," Mourad explains. "If the dog is scared, I will massage on the floor rather than a table. I go over the dog's health history with the owner, previous injuries and ongoing issues. I then walk the dog to observe its gait and possible problem areas. This first assessment helps me to focus the massage on necessary areas.

"You need permission from the dog, to approach and to massage them," she says. "I look for signs, such as the dog leaning into me. Often, the dog will lean a problem area against me, such as an aching hip. I can find problem areas through the dog's body language."

Clients can expect to see a significant decrease or complete removal of pain medications, temperament improvement and more. The frequency of treatment is wide ranging depending on the dog's needs. Every other week for arthritic clients is fairly typical, and sometimes more for dogs with anxiety issues. Prices begin at \$40 for a 30-minute massage treatment and \$60 for one hour.

For more information, visit artemispetcare.com or call Allison Mourad at (313) 409-6113. 



"My 14-year-old Schnoodle (left) had a slipped disc in December. Due to other health issues, no treatment was available, other than crate rest. Subsequently, Shadow had difficulty walking and was generally lethargic and depressed. At first he was not comfortable with a massage and would gently mouth Allison's hands to let her know he didn't want to be touched.

To my surprise, by the third visit, Shadow was completely relaxed and at ease with Allison. In the days following a massage, Shadow has more pep in his step and is actually a little playful — as playful as a 14-year-old dog can be. I feel that Allison's massages improve Shadow's quality of life." Drema Kalajian

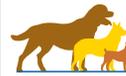
Photos courtesy of Allison Mourad

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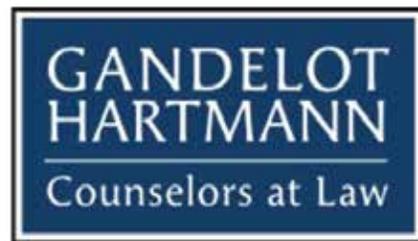


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pets

Molly welcomes your hi-res Pointe Pets pictures at 18530 Mack #106, Grosse Pointe Farms, MI 48236 or e-mail lbeaver1@grossepointemagazine.com.



Maggie

Maggie, an energetic one-year-old German Shorthaired Pointer, loves chasing birdies in the backyard and going for a ride on the boat. She lives in the Woods with the Padesky family.



Toby

Toby is a Shih-Tzu Maltese mix who just celebrated his 14th birthday! His home is in the Farms with the Stolarski family.



Coco

Coco is a 13-year-old who makes a home with the George family. Her favorite place to be pampered is Bubbles N Barks in St. Clair Shores.



Moxie

Moxie, a one-year-old purebred standard poodle, comes from a long line of champions. She makes her home with Lynn Peabody in the Woods.



Ruby

Ruby, a six-year-old pup who lives with Rick and Eileen Stratelak in Grosse Pointe City, enjoys Mutt March at Ford House.



Duke

Grosse Pointe Farms police dog, Duke, enjoying Mutt March activities at Ford House.

Gastric dilatation in dogs

By Dr. Pam Graves

Bloat, or gastric dilatation, can quickly become a life-threatening situation in dogs. It is most commonly seen in deep-chested breeds such as Great Danes, boxers, setter breeds and Dobermans, but any large breed is at risk.

Gastric dilatation is caused when the gas and food causes the stomach to stretch to many times its normal size causing severe abdominal pain. In severe cases the stomach can twist. This quickly becomes a life-threatening surgical emergency which can cause death in just hours if not treated.



Signs of bloat, or gastric dilatation and volvulus (GDV) may include:

- significant abdominal swelling, which is tight and painful;
- non-productive vomiting (retching);
- anxiety, inability or reluctance to lie down and pain (panting and pacing).

It is ALWAYS better to err on the side of caution if you think your dog is bloating. Call or bring your dog into the veterinarian or the nearest veterinary emergency facility to have him or her examined.

The best way to prevent GDV is to feed two or more meals per day. Do not allow your dog to run around immediately after eating or drinking. If it is very hot outside, be sure they are drinking water several times and not restricted from water.

For more information on bloat or other diseases, you can visit www.veterinarypartner.com.

Dr. Pam Graves is a graduate of Michigan State University. She joined the Animal Urgent & Critical Care Center in 2015.

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04 MONDAY - Independence Day

07 THURSDAY

- Music on the Plaza featuring T'Bone Paxton with the RJ Spangler Trio in the Village, 7 p.m.

08 FRIDAY

- DSO at Ford House, \$20 per adult, \$12 per youth, \$50 preferred seating, visit dso.org for tickets, grounds open at 6 p.m., concert begins at 8 p.m., fireworks begin at approximately 9:30 p.m.

09 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m. and at City Bark, cats and kittens 12-2 p.m.
- Third Annual Grosse Pointe South Alumni Golf Outing, 'Football Legends Golf Outing' at Gowanie Golf Club, register at gpsouthfootball.com, \$125 per player, lunch buffet at 12 p.m., shotgun start at 1:30 p.m., cocktails and dinner at 6 p.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House for free tours and a visit to LaBelle Country Store; Open House at GPHS Resource Center for Grosse Pointe historical information requests, house blue prints and more, 1-4 p.m.
- DSO at Ford House, \$20 per adult, \$12 per youth, \$50 preferred seating, visit dso.org for tickets, grounds open at 6 p.m., concert begins at 8 p.m., fireworks begin at approximately 9:30 p.m.

10 SUNDAY

- Grosse Pointe Shores Community Splash Party, 1-4 p.m.

11 MONDAY

- Grosse Pointe War Memorial Summerfest featuring 'Despicable Me,' free, grounds open at 6 p.m., movie starts at 7:30 p.m.

12 TUESDAY

- Grosse Pointe War Memorial Summerfest featuring Shakespeare's finest scenes performed by Royal Oak's

Water Works Theatre Company, free, grounds open at 6 p.m., performance starts at 7:30 p.m.

- Grosse Pointe Historical Society: Beginning of Ribbon Farm Days Session II at Provencal-Weir House, every Tuesday and Thursday, July 12, 14, 19, 21, "French Habitants of Grosse Pointe" theme, historical crafts, games and snacks for ages 7 to 10, register by calling Izzy at (313) 884-7010, ribbon farm days take place from 11 a.m. - 3 p.m.

13 WEDNESDAY

- Grosse Pointe War Memorial Summerfest featuring Dave Bennett on jazz clarinet, free, grounds open at 6 p.m., show starts at 7:30 p.m.
- Floral Design Workshop: Through Eleanor's Window, create a breathtaking arrangement inspired by Eleanor's wedding bouquet, views from her dressing room window and the flowers painted on her dressing room doors, led by Cindy Hicks of Scarlet Poppy Floral Design, registration is required at fordhouse.org, \$65 per person, 6-8 p.m.

14 THURSDAY

- Afternoon Tea in the Cotswold Cafe at Ford House, every other Thursday through Sept. 22, \$25 per person, register at fordhouse.org, 3-4:30 p.m.
- Music on the Plaza featuring Oopapada with Dr. Prof. Leonard King in the Village, 7 p.m.

15 FRIDAY

- A Century of Love: Tea in the Garden at Ford House, \$35 per person, register at fordhouse.org, 3-5 p.m.

16 SATURDAY

- 2016 Bell's Beer Bayview Mackinac Race, for more information, e-mail mack_chair@byc.com or melissa@byc.com or call (313) 822-1853
- Crowns and Cupcakes Hands-on Workshop at Ford House, \$7 per child, register at fordhouse.org, 1-2 p.m.
- A Century of Love: Tea in the Garden at Ford House, \$35 per person, register at fordhouse.org, 3-5 p.m.
- After 6 on Kercheval featuring the band Purdy Good, BMX Bike Stunt Shows,

Ultimate Disc Demo, 'Thirty Years of Hair Celebration' by Do, by hair co., a carnival ride, ping pong, food trucks, specialty vendors and beer and wine tent, 6-10 p.m.

17 SUNDAY

- Grosse Pointe Chamber Music at the War Memorial, \$14 at the door, 7 p.m.

18 MONDAY

- Grosse Pointe War Memorial Summerfest featuring 'Jumanji,' free, grounds open at 6 p.m., movie starts at 7:30 p.m.

19 TUESDAY

- Grosse Pointe War Memorial Summerfest featuring NUCLASSICA, free, grounds open at 6 p.m., show starts at 7:30 p.m.

20 WEDNESDAY

- Grosse Pointe War Memorial Summerfest featuring Detroit's premier dance and Motown band, Mainstreet Soul, free, grounds open at 6 p.m., show starts at 7:30 p.m.

21 THURSDAY

- Music on the Plaza featuring Brazil and Beyond in the Village, 7 p.m.

22 FRIDAY

- Summer Flavors Dinner on the Grounds at Ford House, \$70 per person, register at fordhouse.org, 6:30-8:30 p.m.

23 SATURDAY

- Grosse Pointe Shores Fishing Derby at Shores Municipal Park Pier, 8 a.m.
- 63rd Annual Fishing Rodeo at Windmill Pointe Park, \$5 per child, \$3 per adult (for lunch), ages 15 and under, submit applications by July 20 at Windmill Pointe Park, event starts at 10 a.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m. and at City Bark, cats and kittens 12-2 p.m.
- Crowns and Cupcakes Hands-on Workshop at Ford House, \$7 per child, register at fordhouse.org, 1-2 p.m.

25 MONDAY

- Grosse Pointe War Memorial Summerfest featuring 'Jurassic Park,' free, grounds open at 6 p.m., movie starts at 7:30 p.m.

26 TUESDAY

- Grosse Pointe Historical Society: Beginning of Ribbon Farm Days Session III at Provencal-Weir House, every Tuesday and Thursday, July 26, 28, Aug. 2, 4, "Ribbon Farm Chores" theme, historical crafts, games and snacks for ages 7 to 10, register by calling Izzy at (313) 884-7010 by July 12, ribbon farm days take place from 11 a.m. - 3 p.m.
- Grosse Pointe War Memorial Summerfest featuring Michigan Opera Theatre, free, grounds open at 6 p.m., show starts at 7:30 p.m.

27 WEDNESDAY

- Grosse Pointe War Memorial Summerfest featuring Air Margaritaville, free, grounds open at 6 p.m., show starts at 7:30 p.m.
- Floral Design Workshop: Elegant White at Ford House, \$65 per person, register at fordhouse.org, 6-8 p.m.

28 THURSDAY

- Afternoon Tea in the Cotswold Café at Ford House, \$25 per person, register at fordhouse.org, 3-4 p.m.

04 THURSDAY

- Music on the Plaza featuring The Sun Messengers in the Village, 7 p.m.

06 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m. and at City Bark, cats and kittens 12-2 p.m.
- Annual Grosse Pointe Farms Ice Cream Social with a giant slide, dunk tank, train rides, face painting and magic shows at Pier Park, 1-4 p.m.

09 TUESDAY

- Grosse Pointe Historical Society: Beginning of Ribbon Farm Days Session IV at Provencal-Weir House, every Tuesday and Thursday, Aug. 9, 11, 16, 18, "Fairytale: Hansel and Gretel" theme, historical crafts, games and snacks for ages 7 to 10, register by calling Izzy at (313) 884-7010 by July 26, ribbon farm days take place from 11 a.m. - 3 p.m.

11 THURSDAY

- WCCCD Senior Fun Day at Grosse Pointe Yacht Club, 9:30 a.m. - 2:30 p.m.
- Afternoon Tea in the Cotswold Café at Ford House, \$25 per person, register at fordhouse.org, 3-4:30 p.m.

12 FRIDAY

- A Century of Love: Tea in the Garden at Ford House, \$35 per person, register at fordhouse.org, 3-5 p.m.

13 SATURDAY

- Sunrise Paws in the Park to benefit the Grosse Pointe Animal Adoption Society, make a donation upon entering Patterson Park for a walk with your pup, 8 a.m.
- Grosse Pointe Farms and City Annual Fishing Rodeo at Pier Park, open to Farms and City residents ages 17 and under, 8:30 a.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House for free tours and a visit to LaBelle Country Store; Open House at GPHS Resource Center for Grosse Pointe historical information requests, house blue prints and more, 1-4 p.m.
- A Century of Love: Tea in the Garden at Ford House, \$35 per person, register at fordhouse.org, 3-5 p.m.
- All Pointes Outdoor Movie Night at South Football Field featuring 'E.T.', park passes required, 9 p.m.

14 SUNDAY

- Stories of the Summer at Ford House, free with admission, advance registration required at fordhouse.org, 1:30-3:30 p.m.

17 WEDNESDAY

- Michigan's Top Chefs featuring Jeremy Abbey at the War Memorial, \$35 per person, 6:30 p.m.

18 THURSDAY

- Assumption Greekfest on Marter Rd., food, games, entertainment, gifts, raffle and more, through Aug. 21

20 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m. and at City Bark, cats and kittens 12-2 p.m.
- After 6 on Kercheval featuring the band Mainstream Drive, performances by jump rope squad 'Jumpin Allstars,' a carnival ride, ping pong, food trucks, specialty vendors and a beer and wine tent, 6-10 p.m.

25 THURSDAY

- Afternoon Tea in the Cotswold Café at Ford House, \$25 per person, register at fordhouse.org, 3-4:30 p.m.

26 FRIDAY

- UAW-GM APBA Gold Cup Hydrofest 100th Anniversary in Detroit through Aug. 28
- Seafood Celebration Dinner at Ford House, \$70 per person, register at fordhouse.org, 6:30-8:30 p.m.

27 SATURDAY

- 100 Years of Ballroom Dance at Ford House, \$40 per non-member, \$35 per member, register at fordhouse.org, 7 p.m.

31 WEDNESDAY

- Racing for Kids to the Hill 10th Anniversary Celebration, street fair runs 11:30 a.m. - 3 p.m., tickets to cocktail reception and live luxury auction at Northern Trust to raise funds for the hospital visit program and several local children's hospitals are \$100 in advance and \$125 at the door or if purchased after Aug. 28, to make a reservation, call (313) 882-3403, reception and auction take place 6-9 p.m.

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Saturday, September 17, 2016

Registration: 7:00 a.m. - 8:30 a.m. • 1 Mile Fun Run starts at 8:30 a.m.
• 5 and 10K Run starts at 9:00 a.m.

Registration online at: www.GrossePointeRun.com

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-Mail: _____

VITALS

Sex M ___ F ___
 Age Day of Race _____
 Under - 10
 10 - 11 45 - 49
 12 - 14 50 - 54
 15 - 17 55 - 59
 18 - 19 60 - 64
 20 - 24 65 - 69
 25 - 29 70 - 74
 30 - 34 75 - 79
 35 - 39 80 - 84
 40 - 44 85+

TECH T-SHIRT SIZE:

Children:

Med Large

Adult:

Sm Med Large X-Large XX-Large

EVENT:

10 K Run

5 K Run

5 K Walk

5 K Wheelchair

1 Mile Fun Run

ENTRY FEES:

1 Mile Fun Run

NOW

\$10

AFTER 8/30

\$15

All Other Events

\$25

\$30

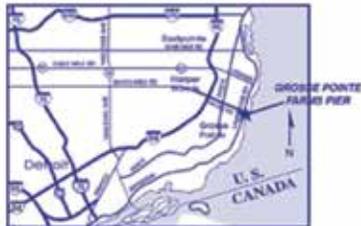
Sorry, I Can't Race this year. Donation enclosed.

TOTAL: _____

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P.O. Box 36964, Grosse Pointe, MI 48236

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NOTE: ALL PARTICIPANTS MUST WEAR A TAG TO BE SCORED • 1 MILE FUN RUN IS CLOCK TIMED

Waiver / Release

I, the undersigned, acknowledge, agree and understand that utilizing City of Grosse Pointe Farms roadways and surrounding park areas is hazardous and may result in injury to me or others. Further, in consideration of the permission to be given to utilize the facilities and premises, I agree:

To assume all risk of injury incurred or suffered while on and/ or upon the premises of the City of Grosse Pointe Farms;

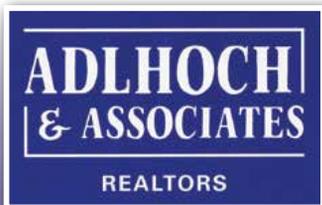
To release and agree not to sue Grosse Pointe Rotary – Sunrise, its agents, servants, associates, employees or anyone connected with the Grosse Pointe Run for any claims, damages, costs or cause of action which I may in the future have as a result of injuries or damages sustained or incurred while on and/ or upon the premises of the City of Grosse Pointe Farms.

I hereby irrevocably grant the parties associated with this event the right to use my name, likeness, as well as photographs, video/audio recordings, quotations, and digital images of me, related to this event without compensation to me.

I hereby acknowledge that I have read and understand the foregoing. Signature (required) _____

(Legal Guardian signature if under 18 years of age)

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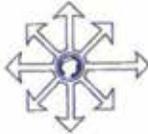

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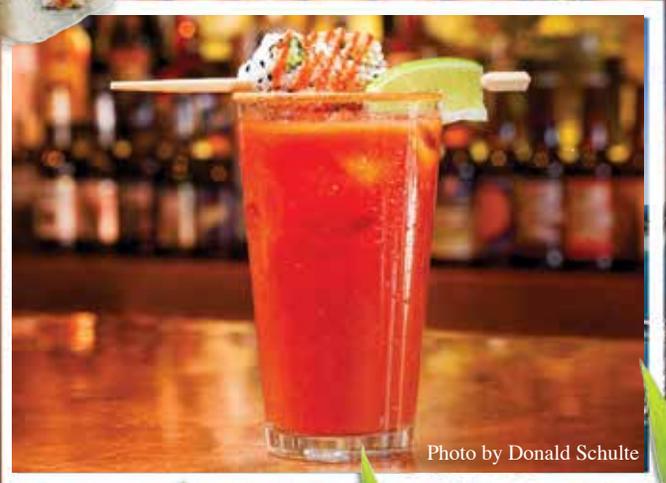
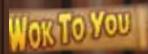


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